

Awareness Programme on "Proper and Improper Touch"

Venue: Community Hall, Pahammardoloi Village

Date: 7th June 2023

The Proper and Improper Touch Awareness Programme was organized by the student social workers at the community hall of Pahammardoloi village on 7th June 2023. The primary aim of the programme was to educate the students of RCLP School about proper and improper touch and help them understand the differences between the two.

Objectives:

- To create awareness among the students of RCLP School about the differences between a proper touch and an improper touch.
- To educate the students on how to respond to different types of touches.

The Proper and Improper Touch Awareness Programme began with the student social workers welcoming the students of RCLP School, including the presence of the headmistress, Miss D Nongkoum. To establish a rapport and make the students feel comfortable, an ice-breaking session was conducted. The student social workers chose to sing two nursery rhymes that the students were already familiar with. This activity aimed to ease any discomfort between the students and the social workers, fostering a positive and friendly atmosphere.



Following the ice-breaking session, the student social workers proceeded with displaying charts that depicted drawings created by them, illustrating the differences between proper and improper touch. The charts served as visual aids to help the students understand the concepts

more clearly. The social workers explained the concept of proper touch by showing illustrations on the charts, representing different examples of good touch.

The student social workers explained that a pat on the back from a teacher, cheek pulling by a sibling or close person, and holding hands with someone trusted are considered examples of good touch or proper touch. They emphasized that in a proper touch, if the person receiving the touch feels nice, warm, safe, and protected, then it is considered a proper touch. Various examples of good touches were shared with the students to reinforce their understanding.

Next, the student social workers displayed another chart to explain improper touches. They highlighted specific areas of the body that are considered private and should not be touched by strangers. They explained to the students that in the case of girls, the chest and pelvic areas should not be touched by anyone except their parents, and for boys, the pelvic area is also off-limits. The social workers addressed the potential situation where children might be tricked by older individuals with the intention to abuse them emotionally or touch their private areas. They emphasized the importance of the children immediately informing their parents, teachers, or any trusted person if such an incident occurs. They also provided the child-line number, 1098, as a resource for the children to seek help, and the students copied it into their notebooks.



Concluding the programme, the student social workers engaged the students in an action song that they had practiced during the ice-breaking session. This activity aimed to leave a positive and memorable impression on the students. Lastly, a group photo was taken with the students of RCLP School, including the headmistress, to commemorate the programme.

Overall, the Proper and Improper Touch Awareness Programme successfully addressed the objectives of creating awareness about proper and improper touch and educating the students on how to respond to different types of touches. The ice-breaking session, charts, explanations, and resources provided aimed to ensure that the students of RCLP School were equipped with the knowledge to protect themselves and seek help if needed.