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C/O Binoris Wahlang Lumdiengjri near Pentecostal Church Shillong-793002 East Khasi Hills Meghalaya, North East Region, India

🛊 Female

30th October 1992

🋊 Unmarried

## EDUCATION

PhD in Social Work Assam Don Bosco University 2023

Master of Social Work Assam Don Bosco University 2015

Bachelor of Social Work North-Eastern Hills University 2013

## EXPERTISE

Participatory Rural Appraisal

Planning & Organizing Programmes

Computer and Analytical Skills (Microsoft Office, PSPP and SPSS)

**Resource Mobilisation** 

Documentation and Research

Infographics and Presentation Skills

Leadership and Networking Skills

# DR. HAZEL BERRET WAHLANG

Social Worker (PhD, MSW, NET)

## **Career Objectives**

To contribute towards growth and development of organisation and the sustainable development goals by applying the knowledge, skills and attitude of Social Work practice and grow professionally as a person with values and ethics of work.

## Area of Interests

Service Learning, Working with Children, Community University Engagement, Counselling, Education, Health, Community Development Mentoring, and Life Skills Intervention.

## Experience

## Oct 2021- Present

## St. Edmund's College, Shillong, India

Organizing outreach programmes contributing to various sustainable development goals in partnership with various government and non-government organizations, maintaining documentation of the department, social media handle, communications and networking with different organizations for internships and field placements. Provide fieldwork supervision and emphasize and support research activities.

## April 2017 - Sept. 2021

## Assam Don Bosco University

## Coordinator, Center for Development Studies & Initiatives

Organizing programmes, Assisting different projects of the University, Field visit, supervising fieldwork students, conducting recreational camps, networking with other organisation. Coordinator-Unnat Bharat Abhiyan Unit of Assam Don Bosco University, a flagship program of Ministry of Education, Government of India.

Programme Officer and Coordinator- National Service Scheme Unit of Assam Don Bosco University, a Central Sector Scheme of Government of India, Ministry of Youth Affairs & Sports

## January 2016 - March 2017 St. Joseph's College, Jakhama

## **Documentation and Project Officer**

Documenting Events, networking, documenting the college activities for the National Assessment and Accreditation Council (NAAC) assessment, writing projects, organising programmes for staff and students.

#### September 2015- January 2016 Rev S. Wollington Children's Home

#### Protection Officer under Integrated Child Protection Scheme Individual Care Plan of children, Home management, Organizing Programmes and

Individual Care Plan of children, Home management, Organizing Programmes and activities, Social Investigation, Planning and monitoring.

#### 27th July 2015 - 31st August 2015 Assam Don Bosco University Research Assistant

under the project of NITI Aayog (Self Employment survey with the youth of North East India) and Socio-economic survey of the household in Tapesia.

## ORGANISATIONAL EXPOSURES

Rotaract Club Pine City, Shillong (July 2019-2021)	Professional Service Director (2019-2020) & Vice President (2020- 2021): Planning and Organising Programme like Eye Screening Camp, cleanliness drive, tree plantation, and awareness programmes, attending meeting with Rotary Club, Shillong, and organising webinars.
Meghalaya Institute of Mental Health & Neurological Science (MIMHANS) (29th May- 27th June 2015)	Designing History Taking Format, Conducting Awareness Programme, Social Case Work, observation of Group Therapy and Yoga Session, Patient Problem Assessment. Counseling and Poster Making.
Dwar Jingkyrmen, Special School (March 2015)	Attending Community Based Rehabilitation programme, Assisting Classes, Case study, Conducting Sports event, Publicity and Resource mobilization.
North Eastern Indira Gandhi Regional Institute of Medical and Health Sciences (October 2014)	Patient's Economic and Social Assessment, Identification of Scheme beneficiary, counseling, liaison between patients and Medical team and awareness Programme in School.
InternationalStudent Volunteer Exchange Programme (2014)	Student Volunteer (2014) & Team Leader (2017-2019) Community Work and supervising student volunteers: Awareness Programme, Art and Crafts, Sports and Games, renovation of Anganwadi centers and Special activities for children like movie screening, English class and competitions.
Swastyayan (August 2013 onwards)	Working with Community Children: Supervising Free Tuitions, Free Computer Course, Group Work, Conducting Competitions and Capacity Development Programme
Operation Smile, India (Aug 2012- May 2015)	Child Life Specialist Volunteer and Coordinator for Meghalaya Team, Working on Cleft: Patient Recruitment in collaboration with the government of Meghalaya
National Vector Borne Disease Control Programme (April-October 2012)	Working with communities on Malaria: Awareness programme on malaria, study on the malaria prevention programme and conducting Health Camp
National Social Service (2010 till date)	NSS Volunteer (2010-2013) & NSS Programme Officer (2018 till date) Conducting Blood Donation Camps, Conducting Health Camps, attending Annual Camps, NIC, Youth Festival and conducting street plays in different places in Meghalaya and Assam.
Bethany Society (40 days in 2011)	Inclusive School (Jyoti Sroat School): case work, conducting extra curriculum activities like singing, drawing, dancing competition, network for publicity of the school band.
People's Learning Centre (40 days in 2010)	Working on Environmental Issue: conducting studies on waste, awareness programme on waste management.

## CAREER DEVELOPMENT COURSE

2023 - 7 Day Faculty Development Programme on "Mentoring Skills for Millennial Educators"	IQAC, St. Edmund's College in collaboration with Centre for Professional Excellence & Lifelong Learning, Kristu Jayanti College
2022 - 2 Day National Workshop on "Vocational Education, Experiential Learning and Skilling"	Faculty Development Centre, Mahatma Gandhi National Council of Rural Education, Department of Higher Education, Ministry of Education, Government of India
2021 - Training For Leaders on Institutionalization of Service-Learning in Catholic Higher Education	Offered by The Latin American Center for Service Learning and UNISERVITATE
2020 - Developing as an Online Practitioner	QASPIR under Continuing Professional Development (CPD) Certification Service
2020 - 5 Days National Level Online Workshop on Construction of Psychological Tools	National Psychological Corporation, Agra in collaboration with Abhilash University, Chailchowh
2020 - 4 Days National Online Faculty Development Programme	Data Analysis for Research in Social Sciences. Ramanujan College, University of Delhi
2020 - Online Certificate Course	Community University Engagement: Moving Towards Engaged teaching, Research and Service. Participatory Research In Asia (PRIA) in partnership with Association of Indian Universities
2020 - Online Certificate Course	Everyday parenting: The ABC's of Child Rearing. Yale University offered through Coursera
2020 - Online Certificate Course	The Social Context of Mental Health and Illness. University of Toronto offered through Coursera
2020 - Faculty Development Programme	One week workshop on Service Learning. Prof. Andrew Carlson and Prof. Suzanne Walfoort from Minnesota State University, USA as the recourse persons (organized by Assam Don Bosco University)
2019 - Online Certificate course	Motivation-Power Guide to Motivate Yourself and Others. Alison (Based in Ireland for Online Course)
2018 - Capacity Building Programme for faculty members of Social Science	Assam Don Bosco University and sponsored by Indian Council of Social Science Research (ICSSR-New Delhi)

## STUDIES CONDUCTED

- Parenting Cleft Children: A Study in Meghalaya
- NITI Aayog (Self-Employment And Talent Utilisation in North East India)
- Analysis of Socio-Economic Survey of Households in Kamarkuchi Gram Panchayat, Sonapur, Guwahati.
- Psychosocial challenges of children during the COVID Pandemic: A Study in Mawjrong Village
- Life skills of adolescents and their attitude towards child care institutions of Meghalaya in relation to gender, mental health and emotional intelligence: A Study

## AWARDS AND ACHIEVEMENTS

- Fourth Rank in BSW (Honours) Examination Conducted by the North Eastern Hill University in 2013.
- Awarded the Outstanding Graduate 2015 Vice Chancellor Award, Assam Don Bosco University.
- UGC-National Eligibility Test for Assistant Professor (2016 & 2017)

## PUBLICATION/PAPER PRESENTATION/ RESOURCE PERSON

## **Paper Publication:**

- 1. Parenting (Lip/Palate) Cleft Child. (2016). Patkai Journal of Multi-disciplinary Studies. Vol 4. ISSN 2277-5595.
- 2. What if the Cleft Child is yours?. (2016). International Journal of Management & Social Sciences. Institute of Research Advances. ISSN 2455-2267; Vol.05, Issue 02 (2016). Pg. no. 318-326.
- 3. Assessment of Life Skills among the adolescents residing in Child Care Institutions. (2022). International Journal of Humanities Social Science and Management, Volume 2, Issue 2.
- 4. The Status of Mental Health among the Adolescents in Child Care Institutions in Relation to their Life Skills (2022). South Asian Journal of Participative Development, 22 (2), 43-55.
- 5. Students Volunteers' Service–Learning Experiences in the Swastyayan Programme (2022). South Asian Journal of Participative Development, 22 (2), 74–92.
- 6.Emotional Intelligence of Adolescents in Child Care Institutions: A Multidimensional Analysis. (2023). Panjab University Research Journal (Arts), LI (1), 45-62.
- 7. Life Skills Intervention through the Kiddies Day Camp in published International Association of Universities (IAU) Global Cluster on HESD Blog in https://iauclusterhesd.wordpress.com/2020/07/08/life-skillsintervention-through-the-kiddies-day-camp/

## **Paper Presentation:**

• Paper Presentation at the II Global Symposium UNISERVITATE 28th and 29th October 2021 "A Study On The Experience Of Student Volunteers In Swastyayan Programme"

• Presented a paper entitled "Assessment of Life Skills among the adolescents residing in Child Care Institutions in Meghalaya: An Analysis" at the National Online Seminar on Family, Community, Health and Wellbeing: Patterns Process and Outcomes of Social Work Research in India organized by the Department of Social Work, Mizoram University from 23-24 June 2021

• Paper Presentation on "Experiences of parents with cleft children in North East India" in a National Conference on Marriage and Family Experiences of North East India" held on 21-22 February 2020 organized jointly by ICSSR (NERC) and the Department of Social Work, Assam Don Bosco University.

• Paper Presentation on "Life Skills Intervention through Kiddies Day Camp" in an International Conference on Life Skills Education held from 1st to 3rd November 2019 organised by Indian Association of Life Skills Education.

• Poster Presentation on "Community Education and Participatory Development Programme: International Student Volunteer Exchange Programme" in the National Conference on Social and Behavioural Change Communication (8-10 August 2019) organised by Assam Don Bosco University in collaboration with UNICEF and Tezpur University.

• Paper Presentation on "Situation of Education and Employability in the context of India" in an ICSSR Sponsored National Seminar on "Human Resource & Economic Development in India" at St. Joseph's College Jakhama, Nagaland on 26th& 27 August 2016.

#### **Resource Person:**

- Resource Person: Career Guidance Programme at Laitkroh Presbyterian School on 3rd November
  2023
- Resource Person: School Health & Wellness programme for School Teachers organized by Milliem Block Resource Centre, Samagra Shiksha Abhiyan Education Department, Govt. Of Meghalaya and National Health Mission on 13th July 2023
- Resource Person: School Health & Wellness Programme (one week), Training Programme for Principal and School Teachers For Mawlai and Mawpat Block organized by the National Health Mission on 21st June 2023
- Resource Person: Career Guidance Programme at Sati Raja Memorial Secondary School Ri-Bhoi District on 26th May 2023.
- Resource Person: Workshop on Participatory Rural Appraisal organized by the Department of Social Work-PG, St. Edmund's College in association with William Carey University on 10th and 11th May 2023.
- Resource Person: Orientation on Volunteerism organized by the Department of Education and Department of Public Administration, Assam Don Bosco University in collaboration with University College Dublin Volunteers Overseas (UCDVO), Dublin, Ireland on 23rd February 2023.
- Resource Person: Workshop on Life Skills Education organized by the Department of Education, School of Humanities and Social Sciences, Assam Don Bosco University on 15th September 2022.
- Resource Person: Counselling and Mentoring sessions for the school students organized by Shullai Progressive Secondary School in Collaboration with the Department of Social Work-PG on 30th June 2022.
- Resource Person: Certificate Course on "Basic Social Work Engagement Strategies for Individuals, Groups, and Communities" organized by the Department of Social Work-PG, St. Edmund's College from 2nd – 8th August 2022.
- Resource Person: Capacity Building & Personality Development Program (PDP) organized by Department of Social Work-PG in collaboration with the National Commission for Women, New Delhi on 21st March 2022.
- Resource Person: Fieldwork Enhancement through Digital Learning Tools (Value Added Course) organized by the Department of Social Work-PG, St. Edmund's College from 28th October 2021 to 3rd November 2021.
- Resource Person: One Week (Online) Workshop Cum Seminar entitled "Smart Villages by Intervention and Visible Solutions" (14th September-20th September 2020) jointly organised by Smart Village Lab (Local Centre), Unnat Bharat Abhiyan Unit, Bineswar Brahma Engineering College and University of Melbourne.
- Resource Person: Ice Breaking Session on the "International Summer School on Human Rights for Social Development: Frames and Agents" organized by Assam Don Bosco University (ADBU) in collaboration with Frankfurt University of Applied Sciences from 9-19 October 2019 in ADBU.
- Resource Person: Ice Breaking Session on the National Service Scheme North East Youth Festival from 18-22 March 2019) held at Assam Don Bosco University, sponsored by the Government of India, Ministry of Youth Affairs & Sports.
- Resource Person: Ice Breaking Session on the National Service Scheme National Integration Camp from 8-14 March 2019 held at Assam Don Bosco University, sponsored by the Government of India, Ministry of Youth Affairs & Sports.

## **PROGRAMME/PROJECT COORDINATED:**

• Project Coordinator of the Project "Bridging the digital divide: Providing access to Information and Communication Technology (ICT) tools for Education" in partnership with Don Bosco Network South Asia in 2020-2021

• Team Leader at the International Student Volunteer Exchange Programme for the year 2017, 2018 and 2019. The programme is jointly organized by Assam Don Bosco University and University College Dublin Volunteers Overseas (UCDVO).

• Coordinator, Unnat Bharat Abhiyan Unit of Assam Don Bosco University from 2018. The Unit was one of the 5 Participating Institutes who won for Unnati Ki Kahani Chitro Ki Jubani in 2020

• NSS Programme Officer for Assam Team at the National Integration Camp 2020 from 26th February -3rd March 2020 organized by the Regional Directorate of NSS, Hyderabad in collaboration with Aditya Degree College, Kakinada, Andhra Pradesh and sponsored by the Government of India, Ministry of Youth Affairs & Sports.

• In charge of Cultural Programme of the NSS National Integration Camp from 8-14 March 2019 held at Assam Don Bosco University.

• In charge of Cultural Programme of the NSS North East Youth Festival from 18-22 March 2019) held at Assam Don Bosco University.

• Coordinated the "5 Day Kiddies Day Camp" conducted in Child Care Institutions, Meghalaya in the year 2018 & 2019 which is organised by the Alumni of Assam Don Bosco University.

• In charge of Cultural Programme of the National Conference on Social and Behavioural Change Communication (8-10 August 2019) organised by Assam Don Bosco University in collaboration with UNICEF and Tezpur University.

• Organiser of a Webinar on "Entrepreneurship Opportunity Through Agriculture" jointly organised by Unnat Bharat Abhiyan Unit, Assam Don Bosco University in collaboration with Rotaract Club of Pine City on 31st October 2020 (Dr. H. Talang, Scientist, ICAR Research Complex for NEH Region Umiam).

• Coordinated the ICSSR Sponsored Regional Workshop on "Methodology on Social Sciences Research" conducted by Sociology Department of St. Joseph's College, Jakhama on 17th& 18th March 2017.

• Coordinated the NAAC Sponsored National Seminar on "The Best Practices in Higher Education for Quality Management" conducted by IQAC, St. Joseph's College, Jakhama on 24th& 25th March 2017.

## **DECLARATION:**

I hereby declare that the information furnished above is true to the best of my knowledge and belief.

Dated: 12/02/2024 Shillong, Meghalaya Hablang Hazel Berret Wahlang