

## FACULTY PROFILE

**Name:** Ms. Ainamlin Dkhar  
**E-mail:** ainamlin@gmail.com  
**Mobile No: (Optional)** 6001771270  
**Joined on:** 10<sup>th</sup> February 2020  
**Educational Qualification:** MSW, M.Phil, UGC-NET, Pursuing Ph. D.  
**Teaching Experience:** 7 and half years  
**Research Experience:** MSW Dissertation, M.Phil (Dissertation), Ph. D  
Research experience (in progress).  
**Research Interests:** Mental Health, Adolescents and School Mental  
Health, Counselling, Life skills, Rehabilitation, De-  
Addiction.  
**Research Guidance:** Guided 20 Master Degree Dissertation

### **Studies conducted:**

1. Family environment in reinforcing Delinquents behaviors among the children in Observation home, Meghalaya.
2. Psychiatric Social Work Intervention among Persons with Alcohol Dependence Syndrome', Shillong, Meghalaya.
3. Socio-Economic status of the Tea Garden community in Tezpur, Assam.
4. Psychosocial challenges of School going Adolescents during Covid-19 Pandemic: Teacher's and Parent's Perspectives.
5. *'Impact of Covid-19 on the school going students of Mawjrong village'* conducted in December 2021.

### **Publications**

#### **Abstracts & Presentation in National/ International Seminar/ Symposium**

1. Published a paper on the topic titled '*Psychiatric Social Work Intervention among Persons with Alcohol Dependence Syndrome*' in the Indian Journal of Social Work (IJSW), TISS, Volume 79, Issue 3, July 2018, ISSN: 0019-5634.
2. Published a paper on the topic titled '*Mental Health problems among School going Adolescents in India: A literature Review*' in the EPRA International Journal of Multidisciplinary Research (IJMR), Peer reviewed Journal, Volume 7, Issue 4, April 2021, ISSN: 2455-3662.
3. Published a paper titled '*Psychosocial challenges of School going Adolescents during Covid-19 Pandemic: Teacher's and Parent's Perspectives*' in the International Journal of

Innovative Science and Research Technology. Volume 7, Issue 11, November – 2022, ISSN No: -2456-2165

4. Presented a paper on '*Psychosocial challenges of School going Adolescents during Covid-19 Pandemic: Teacher's and Parent's Perspectives*' in a National online Seminar on Family, Community, Health and Wellbeing: Patterns, process and outcomes of Social Work Research in India on the 24<sup>th</sup> June 2021 organized by the Department of Social Work, Mizoram University.
5. Participated and presented a paper in the 31st annual national conference of Indian Society of Professional Social Work (ISPSW) in January 2013, Manipal University, Mangalore.

### **Professional Training**

1. Attended a Three-Day National Webinar on 'Social Work Practice during and post covid-19 held on 28<sup>th</sup>, 29<sup>th</sup> and 30<sup>th</sup> June 2020 organised by the Department of Social Work, Mahatma Gandhi Kashi Vidyapath, Varanasi, Uttar Pradesh.
2. Participated in a one-week FDP on 'Moodle Learning Management system' from 22<sup>nd</sup> to 26<sup>th</sup> June 2020 organised by Assam Women's University, Jorhat in association with IIT Bombay spoken Tutorials.
3. Participated in a One Week National Level Online Short-term Training program on 'Research Methodology' held on 20<sup>th</sup> to 27<sup>th</sup> July 2020 organised by Faculty of Humanities and Science Adayalampattu Phase II Campus, Dr. MGR Educational and Research Institute University.
4. Participated in a 5 days FDP on 'Online Pedagogical tools and techniques and Blended learning' on 8<sup>th</sup> to 12<sup>th</sup> September 2020 organised by IQAC, St. Anthony's College, Shillong.
5. Participated in two-day National Webinar on Suicide Prevention during Covid-19 on the 10<sup>th</sup> and 11<sup>th</sup> September 2020 organised by the Department of Psychiatric Social Work, LGBRIMH, Tezpur, Assam.
6. 4 weeks Induction/Orientation programme for faculty in universities/colleges/institutes of Higher education from 10<sup>th</sup> December 2020 to 8<sup>th</sup> January 2021 organized by Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Ministry of Education, Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching.
7. Attended and Organized a Counselling and Mentoring sessions for the school students on the 28<sup>th</sup>, 29<sup>th</sup> and 30<sup>th</sup> of June 2022 organized by Shullai Progressive Secondary School, Shillong in Collaboration with the Department of Social Work-PG (MSW), St. Edmund's college, Shillong.
8. Attended a Two Days National Workshop on Vocational Education, Experiential Learning and Skilling on the 29<sup>th</sup> and 30<sup>th</sup> August 2022 organised by Mahatma Gandhi National Council of Rural Education, Department of Higher Education, Ministry of Education, Government of India.
9. Attended a 7 days FDP programme on Mentoring Skills for Millennial Educators organized IQAC, St. Edmund's College in collaboration with Centre for Professional

Excellence and Lifelong Learning (CPELL), Kristu Jayanti College (Autonomous), Bengaluru from 6<sup>th</sup> to 14<sup>th</sup> March 2023.

10. Attended a one-week National FDP on 'Shaping Better life with Emotional Intelligence' from 31<sup>st</sup> July to 6<sup>th</sup> August 2023 organized by Career Development Cell (CDC), Gokul Global University, Sidhpur, Gujarat.
11. Attended a one-week National FDP on 'Higher Education 4.0 Making Teachers Future ready' from 26<sup>th</sup> June to 2<sup>nd</sup> July 2023 jointly organised by Lakshmi Bai college, university of Delhi, Indian College Forum (SEED) and Guru Angad Dev Teaching Learning Centre, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching, Ministry of Education.

### **Resource person**

- Resource person for the two days Teachers Development programme for the teachers of Don Bosco School, Karbi Anglong, Assam on 'Understanding Children with Special Needs' in 2019.
- Resource person for a National Webinar on the topic 'Working Environment: A challenges for working women during covid 19' organized by the Department of Social Work -PG in collaboration with IQAC, St. Edmund's college and National Commission for women, Delhi on the 15<sup>th</sup> December 2020.
- Resource Person for a National Webinar on the topic 'Managing stress' organized by the Department of Social Work-PG in collaboration with IQAC, St. Edmund's College and National Commission for women, Delhi on the 21<sup>st</sup> March 2022.
- Resource person for the capacity Building Programme on the topic 'Feminist Counselling' organized by the Meghalaya State Commission for Women on September 2022.
- Resource person for the career guidance programme at Sati Memorial School Umsning organized by RAWA on the 26<sup>th</sup> May 2023.
- External Viva Examiner for the MSW 4<sup>th</sup> Sem Fieldwork on the 9<sup>th</sup> June 2023 at MLCU, Shillong.
- Resource person for the teachers training on 'Mental Health and Emotional Well-being' at DERT, Shillong organized by the Health and Education Department of Meghalaya on the 21<sup>st</sup> June 2023.
- External Viva Examiner for the MSW 4<sup>th</sup> Semester Dissertation on the 10<sup>th</sup> of August 2023 at William Carrey University, Shillong.
- Resource person on a Career Guidance session at Laitkroh Presbyterian School organized by Laitkroh Presbyterian School in collaboration with the Department of Social Work-PG, St. Edmund's College on the 3<sup>rd</sup> November 2023.

### **Other Activities**

- Organized and was a Co-Convener – National Seminar on 'Mental Health and Social Work Practice' held on the 27<sup>th</sup>, 28<sup>th</sup> April 2018 sponsored by ICSSR.

- Team leader in the International Student Exchange Programme (University college Dublin students Volunteers Overseas and Assam Don Bosco University) for three years 2017, 2018 and 2019.
- Organized a National Webinar on ‘De-addiction’ on the 19<sup>th</sup> June 2021.
- Organized a teacher’s training programme in collaboration with the District Mental Health Programme (DMHP, EKH) on School Mental Health in October 2022.
- Executive member of the Culinary Club of the college, St. Edmund’s college, Shillong.
- Member of the Indian Professional of Social Work (IPSW)