



WORKSHOP ON TEENAGE PREGNANCY

1. **Title: Workshop on Teenage Pregnancy**
2. **Objective:** The objective of the program is to provide adolescents with the tools they need to grow and develop in a healthy manner, with an emphasis on age-appropriate comprehensive sexuality education as well as the problems and challenges associated with teenage pregnancy.
3. **Dates:** 3rd May 2024
4. **Duration:** 3 Hours
5. **Collaborations:** The Department of Social Work-PG, St. Edmund's College Shillong in collaboration with the Birds and Bees Talk Project (Plan India) & Adolescents Friendly Clinic, GDH, Shillong.
6. **No of participants students:** 21
7. **No of Participants faculty:** 2
8. **No of participants others:** 9
9. **Outcome:** During this workshop, participants gain an understanding of how people become pregnant, how to prevent pregnancy, and what to do when an adolescent becomes pregnant. Moreover, they gain valuable insight into the health of adolescents; changes occur in the health of adolescents. An adolescent's pregnancy should be considered a high-risk pregnancy. It is important to emphasize the importance of comprehensive prenatal care for pregnant teenagers because insufficient prenatal care can harm both the mother and the foetus. The lack of knowledge has been the primary cause of most unwanted teenage pregnancies. Preventing teenage pregnancy would reduce the number of teens dropping out of school and preventing them from obtaining an education.
10. **Feedback:** Overall, the programme was a success, many of the students' participants commented on how interesting the training was. The participants actively participated in the whole workshops, they raise questions and concerns related to unprotected sex, abortion, drugs addiction, causes of AIDS/HIV, brand of condom, health consequences of teenage pregnancy and so on. The resource person answered and addressed all their queries one by one. The resource person in the sessions provides with so many facts about the high prevalence of teenage pregnancy in the state with real case examples, figures, and humour. It was a valuable session and along with the teaching's session from the resource person, additional materials were also provided to the participants which will go a long way for further references and re-reading, it was worth the invested time and resources.



11. Geo tagged photo –



12. Signatures of HOD and organizer

(Signature of all members)

(Signature of HOD)