Webinar on "The Impact of substance Abuse in Youth"

On the 25th of February 2022, a webinar was held by the National Service Scheme Unit, St. Edmund's College, in collaboration with the Department of Social-PG, St. Edmund's College, on the topic "Impact of substance abuse in youth". The webinar was coordinated by the MSW 1st semester, Department of Social Work- PG, and hosted via Google Meeting (https://meet.google.com/pvp-nwgj-omj)

The resource person for this webinar is Dr. Raaj Konwar, currently the Head of the Psychiatry Department at Nazareth Hospital Shillong. The participants include students, members of the management of St Edmund's College, the programme officer of the National Service Scheme and the faculty of St Edmund's College.

A brief welcome speech was delivered by the host of the webinar, Mr. Charemiki Diengdoh, followed by a formal welcome speech by the moderator of the webinar, Miss Sonia Paslein (NSS volunteers), introducing the Resources person and the Resources person's role to the webinar participants.

It is a pleasure to hand over the session to the Resource Person after the welcome address. The Resources Person immediately begins to explain to the participants the topic of "Impact of Substance Abuse on Youth," and he has even prepared a nice PPT that will assist the participants in having a better understanding of the topic.

As Dr. Raaj explained, there are many types of substances that can adversely affect the health of humans, including alcohol, opiates, and so on. In addition to this, Dr Raaj added that when all these substances are taken into a human body they will first affect the brain and then they will move on to affect the lungs or any other part of the body.

In the webinar, the Resources person made it very interesting by asking the participants to ask questions about each topic. After he finished speaking about each topic, he would ask if they had understood it or not. As a result, there were a lot of questions from the attendees and Dr. Raaj answered them right away in the chat box.



As soon as the Dr. Raaj session had finished, a Question and Answer round session began in which the moderator, Ms. Sonia, encouraged participants to leave questions or leave comments in the chat box that she would read on to the resource person. Most participants, as well as teachers, asked questions. It took approximately 25 minutes for this session to complete.

Miss Dari Lyngdoh (NSS volunteer) gave a Vote of Thanks at the end of the webinar. There were approximately 85 attendees who were able to attend the webinar.

