

# ARM WRESTLING

**Teacher-In-Charge: BAWAN P. THANGKHIEW**

**DANIEL KHARKONGOR**

**Student Animators:**

- 1. RUPERT RIWAN (BSW)**
- 2. KWI LANGSTANG (BSC)**
- 3. SHISHADANUJOR PHAWA (BA)**
- 4. SUSILIA NONGSIEJ (BSC)**

**DATE: 2ND & 5TH APRIL 2022**

**INTERACTION:** On the 2nd of April 2022 (Time: 2pm-4pm) the animators of arm wrestling event carried out an activity i.e. weight measurement, to place the different participants in their own category, so that they could compete against other participants of the same weight category. A total number of 90 plus participants came to measure their weight, so they can compete in the Arm Wrestling event in the coming days. During the event i.e. weight measurement, the animators had an easy going event, as all participants were co-operative and excited for the upcoming event.

On the 5th of April 2022 (Time: 10am-2pm), the event i.e. Arm Wrestling was held. All the animators were present at 9AM to make preparations for the event. Preparations such as preparing the table, where the participants are to play against each other. The event was held at the entrance of the building of the college where it was more secluded from other events so to not raise any confusion or disturbing any other events. A total number of 96 participants (50 boys and 46 girls) came and were lined up, and the referees along with the head teacher of the event were present, the event started a little over 10:15am. As the event was initiated by weight category, we started the event with the smallest weight. The event was carried out by playing the males and females category alternatively because some of the participants had other events to participate in. The event went on smoothly till the end which was at 2pm where the winners were declared and the event came to a close. After everyone had dispersed, the animators had a little discussion with their head teacher and after that, photo of the animators along with the head teacher was taken and then they went their separate ways.

**WINNERS (BY WEIGHT CATEGORY)**

**BOYS:**

**40-50Kg**



Name: Fullbert Mawkhiew (Biotechnology 4th semester)

**50-60Kg**

Name: Vikash Sangma (BCA 2nd semester)

**60-70Kg**

Name: T. Lamnixon niehsail (Economics 6th semester)

**80-90Kg**



Name: Vishal Dey (BCA 6th semester)

GIRLS:

**30-40Kg**

Name: Rosemary Thabah (BSW 6th semester)

**40-50Kg**



Name: Anung Mize (BCOM 6th semester)

**50-60Kg**

Name: Bandarika Kharkongor (BSW 6th semester)

**60-70Kg**

Name: Shabnam Bharbhuiya (Biotechnology 6th semester)

**70-80Kg**



Name: Halhotheim Gangte (Sociology 4th semester)



**CONCLUSION:**

The event was a success as there were quite a number of participants and all of them except a few were not able to take part. The event went on smoothly from start to finish. The participants were also very co-operative and understanding which made the event to go about smoothly and also gave the animators a chance to run the event smoothly.