



**St. Edmund's College**  
Laitumkrah, Shillong – 793003,  
Meghalaya, India  
**EDBLAZON 2022**



E-mail: [stedmundscollege@gmail.com](mailto:stedmundscollege@gmail.com)

Website: <http://sec.edu.in>

**Activity name: Arm wrestling**

**Teacher-in-charge:** BAWAN P. THANGKIEW  
DANIEL KHARKONGOR

**Student Animators:**

- ShidaritiKharkongor
- GinlenlalChongthu
- Joshua Nongrum
- HathoithiemGangte

Date: 13th & 15th Feb 2023

**INTERACTION:**

On the 13th of Feb 2023 (Time: 11:45-1pm) the animators of arm wrestling event carried out an activity i.e. weight measurement, to place the different participants in their own category so they could compete against other participants of the same weight category. A total number of 90 plus participants came to measure their weights, so they can compete in the arm- wrestling event in the coming days. During the event, i.e. weight measurement, the animators had an easygoing event, as all participants were co-operative and excited for the upcoming event.

On the 15th of Feb 2023 (Time 10am-4pm) the event i.e. arm wrestling was held. All the animators were present at 9am to make preparations for the event. Preparations such as preparing the table, where the participants are to play against each other. The event was held at the entrance of the building of the college where it was more secluded from other events so to not raise any confusion or disturbing other events. A total number of participants (boys and girls) came and were present, and the referees along with the head teacher of the event were present, the event started a little over 10:15am. As the the event was initiated by weight category, we started the event with the smallest weight. The event was carried out by playing the males and females category alternatively because some of the participants had other events to participate in. The event went on smoothly which was at 4pm where the winners were declared and the event came to a close. After everyone had dispersed, the animators had a little discussion with their head teacher and after that, photo of the animators along with the head teacher was taken and they went their separate ways.



**WINNERS (BY WEIGHT CATEGORY)**

**BOYS**

**(40-50 Kg)**

- Mr. Ginlental Chongthu Sociology dept. 6<sup>th</sup> semester
- Mr. PynhunlangThongni MSW dept. 4<sup>th</sup> semester

**(50-60 kg)**

- Mr. Tadak Dui BCA dept 2<sup>nd</sup> semester
- Mr. i-Kmen-Rahmi-Tyngkan EVS dept. 4<sup>th</sup> semester

**(60-70kg)**

- Mr. Soshim Kasar BCA dept. 4<sup>th</sup> semester
- Mr. Gracious Madur Politicalscience dept. 4<sup>th</sup> semester

**(70-80 kg)**

- Mr. Partha Sarathi Baruah Botany dept. 2<sup>nd</sup> semester
- Mr. Leroy Vincent Kharshandy Mathematics dept. 4<sup>th</sup> semester

**(80-90 kg)**

- Mr. Jyohanand Nongrum Sociology dept. 4<sup>th</sup> semester





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•Mr. Thomson Sangma MSW dept. 4th semester

Overall champion

•Jyohanan D Nongrum Sociology dept. 4th semester





### GIRLS

Below **40 kg**

- Ms. Mebahun Lyngdoh Marshillong Geography dept. 6th semester
- Ms. MerryjunePdang History dept. 2nd semester

### (40-50kg)

- Ms. PhibansaraNongkhlaw BSW dept. 2 nd semester
- Ms. RidashishaWarjri Sociology dept.2 nd semester

### (50-60 kg)

- Ms. ZebeenRiwanmikaPakyntein Economics dept. 4 th semester
- Ms. Jolene Venicia Diengdoh Political science dept. 4th semester

### (60-70 kg)

- Kriti Noroh Bcom dept. 4th semester
- Anshita Sheryll DasEconomics dept. 4th semester

### (70-80 kg)

- Pulchia R Marak Bcom dept. 6 th semester

Overall Champion

- Kriti Noroh Bcom dept. 4<sup>th</sup> semester



Teacher in-charge & signature

: BAWAN P. THANGKIEW

DANIEL KHARKONGOR



Prof Sumit Deb

IQAC COORDINATOR  
St. Edmund's College  
Shillong - Meghalaya