




EDBLAZON 2024

St. Edmund's College, Shillong

1.	Name of the activity	Powerlifting
2.	Date	24 th February, 2024
3.	Venue	College Gymnasium
4.	Duration (in hrs)	5 hours
5.	Name of the incharge (Teacher)	Dr. Sajid Nagi, Dr. Mahesh Ram, Mr. Aditya Bakshi
6.	Name of the incharge (Student)	Hidam Linda Devi, Ojing Lego
7.	Brief Report	<p>The Edblazon 2024 Powerlifting Competition took place on 24th February from 11:30 am to 5 pm. The event was supported by 17 volunteers and overseen by three experienced powerlifters acting as judges: Ms. Khuplunlal Hangsing, Mr. Subhadeep Sinha, and Mr. Aditya Bakshi, who also served as the in charge. Spectators, including students and teachers, filled the venue to cheer on the participants.</p> <p>A total of over 20 student participants showcased their strength and skill in the competition. The boys' category featured five weight classes, with winners as follows:</p> <p>83kg +</p> <ol style="list-style-type: none"> 1. Darren N Diengdoh (6th Sem, Sociology) <p>< 83 kg</p> <ol style="list-style-type: none"> 1. Partha Sarathi Baruah (4th sem, Botany) 2. Bishal Singha (1st sem, History) 3. David Suantak (1st sem, Computer Science) <p>< 59 kg</p> <ol style="list-style-type: none"> 1. Jeremmy Keatz N Sangma (6th sem, Commerce) 2. Sengwan Sangma (6th sem, Electronics) <p>< 66 kg</p> <ol style="list-style-type: none"> 1. Treningbirth M Sangma (4th sem, Botany) 2. Prem Chhetri (6th sem, Commerce)

		<p>3. Thanglenhao Anthony Touthang (1st sem, Commerce)</p> <p>< 74 kg</p> <p>1. Seiminlun Kipgen (1st sem, Education)</p> <p>2. Rishi Choudhury (1st sem, Commerce)</p> <p>In the girls' category, which was an open category, the winners were:</p> <p>Girls (Open Category)</p> <p>1. Hidam Linda Devi (6th sem, Economics)</p> <p>2. Venessa Langrai (6th sem, Commerce)</p> <p>3. HC Zothamkimi (1st sem, Political Science)</p> <p>Overall, the competition showcased impressive strength and determination among the participants, making it a memorable event for all involved.</p>
8.	Geotagged Photos only 4-5	Attached in the last pages
9.	Brochure (if any)	 <p>EDBLAZON'24</p> <p>POWERLIFTING COMPETITION</p> <p>SQUAT</p> <p>BENCH</p> <p>DEADLIFT</p> <p>ANIMATORS: HIDAM LINDA DEVI: 9863560154 OJING LEGO: 9366064865</p> <p>SCAN FOR MORE DETAILS</p> <p>VENUE: COLLEGE GYMNASIUM DATE: 24TH FEBRUARY 2024</p>
10.	Any Social Media activities	https://www.instagram.com/sec_gym?utm_source=ig_web_button_share_sheet&igsh=ZDNlZDc0MzIxNw==

<https://www.instagram.com/p/C7n2gSrNTSI/?igsh=MTl6Y2huZ3pkZzYyYw==>

11. Participants					
SI	Name	Department	Roll No	Semester	Gender
1	Seiminlun Kipgen	Education	23/EDUC/047	1st sem	Male
2	Rishi Choudhury	BCom	23/BCOM/ 070	1st sem	Male
3	Partha Sarathi Baruah	BOTANY	22/BOTA/026	4th sem	Male
4	Bishal Singha	History	23/HIST/031	1st Sem	Male
5	David Suantak	Computer Science	23/COMP/ 003	1st sem	Male
6	Ambetter N Sangma	BCA	23/BCAS/032	1st sem	Male
7	Hidam Linda Devi	Economics	21/ECON/099	6th sem	Female
8	Venessa Langrai	BCOM	21/BCom/038	6th sem	Female
9	HC Zothamkimi	Political science	23/POLS/020	1st sem	Female
10	Ilino K Aye	History	23/HIST/029	1st sem	Female
11	Darren N Diengdoh	Sociology	21/SOCI/381	6th sem	Male
12	Treningbirth M Sangma	BCOM	22/Bcom/126	4th sem	Male
13	Prem Chhetri	BCOM	21/Bcom/128	6th sem	Male
14	Thanglenhao Anthony Touhang	BCom	23/BCOM/ 255	1st sem	Male
15	Ayan Debbarma	BOTANY	22/BOTA/017	4th sem	Male
16	Soshim Kasar	BCA	21/BCAS/016	6th sem	Male
17	Jerremy N Sangma	BCOM	21/BCOM/ 154	6th sem	Male
18	Sengwan Sangma	Electronics	21/ELEC/111	6th sem	Male
19	Victor J Pariat	BSW	22/BSWS/076	4th sem	Male
20	Monaldo phawa	BCOM	21/Bcom/116	6th sem	Male
21	Johndon Roger Rashir	Sociology	21/SOCI/393	6th sem	Male

22	Khusboo Laitonjam	English	23/ENGL/022	1st sem	Female
23	Sneha Singh	BCOM	22/BCOM/ 099	4th sem	Female
24	Mrityunjay Kumar	Computer science	22/COMP/ 022	4th sem	Male
25	Budsalanmiki Lyngdoh	BCA	22/BCAS/052	4th sem	Male

GEOTAGGED PHOTOS:

