

Constitution Day

Constitution Day also known as "National Law Day", is celebrated in India on 26 November every year to commemorate the adoption of the Constitution of India. The Prime Minister of India Narendra Modi made the declaration on 11 October 2015 while laying the foundation stone of the B. R. Ambedkar's Statue of Equality memorial in Mumbai. Students and faculties gathered at the college campus to commemorate the Constitution Day on 26 November, 2020.





ST. EDMUND'S COLLEGE SHILLONG



LES ARTISANS ANNUAL REPORT

BY ROHIT SAPAM



stedmundsartclub@gmail.com



[seclesartisans](https://www.instagram.com/seclesartisans)

2020-
2021



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**NEWSLETTER LAUNCHING AND
PRIZE DISTRIBUTION FOR MAGAZINE COVER COMPETITION
2020 -2021**



CLUB REPORT BY:

ROHIT SAPAM

PHYSICS HONOURS

COVER BY: VIBEK SINGHA

SPECIAL THANKS TO

KINE NANE TALOH

SAZIDA SULTANA

DIARCHY HAJONG

NSAYISING TERIENG

KATELYN EMMA SYIEM

PARBIELYA D SANGMA

ARPHANGKI SUTING

PHILABET E.A.N KHARBAMON

RAJKUMARI KAJAL DEVI

LIJAR NGULOM

LALNUNMAWIA

YUMNAM PRIYOJIT SINGH

RUCHIRA NAG

SHIDHANT RAI

MICHI KHODA

CHELSEA MARGARET MAWLONG

CATHERINE MIALLI R MARAK

TSOZO HOSHI

LES ARTISANS
ST. EDMUND'S COLLEGE, SHILLONG



1ST OCTOBER, 2019 (TUESDAY) ST. EDMUND'S COLLEGE
SEES THE BIRTH OF ITS VERY OWN ART CLUB

“LES ARTISANS”



**LES ARTISANS
ST. EDMUND'S COLLEGE, SHILLONG**

The St. Edmund's Art club was founded on 1st October 2019 through the initiative of a few passionate students, led by Thounaojam Jackson Singh a Botany honours student who had graduated in 2020.

Inspired by famous French artists like Claude Monet and Pierre-Auguste Renoir, the club adopted "Sec Les Artisans" as its official title, which roughly translates to "The Artists" in French.

The first activity undertaken was creating a poster for the rangoli making competition. Following this, the members proceeded to put together posters for a multitude of events for the college week. During the ongoing College week, the club opened a face painting booth on the 3rd of March 2020, which saw an overwhelming success

The club proceeded to host a painting competition, wherein the winner would have their artwork as the cover of the 2021 college magazine. The competition attracted numerous participants.

6th March 2020 saw the Launch of the Art Club room. An inauguration ceremony was held attended by Brother Simon Coelho, The Principal, Vice Principal and other faculty members

The club also had plans to undertake many activities such as organising a wall painting competition, going on a field trip to the Don Bosco art museum and publishing its own club magazine just to name a few. However with the onset of the global pandemic, these plans had to be put on hold.

MEMBERS OF LES ARTISANS



**DR. THANGGOULEN KIPGEN
TEACHER IN CHARGE
SOCIOLOGY DEPARTMENT**



**ASST. PROF. S. SUNILA CHANU
TEACHER IN CHARGE
DEPARTMENT OF
COMPUTER APPLICATION**

STUDENT REPRESENTATIVES



**ROHIT SAPAM
PRESIDENT
B.SC PHYSICS HONOURS
6TH SEMESTER**



**KINE NANE TALOH
VICE PRESIDENT
B.SC BOTANY HONOURS
4TH SEMESTER**



**SAZIDA SULTANA
FINANCE SECRETARY
ENGLISH HONOURS
4TH SEMESTER**



**NSAYISING TERIENG
GENERAL SECRETARY
ECONOMICS HONOURS
4TH SEMESTER**



**DIARCHY HAJONG
PUBLIC RELATIONS SECRETARY
BIOTECHNOLOGY
4TH SEMESTER**

MEMBERS



**KATELYN EMMA SYIEM
ENGLISH HONOURS
4TH SEMESTER**



**PARBIELYA D SANGMA
BOTANY HONOURS
4TH SEMESTER**



**ARPHANGKI SUTING
ENGLISH HONOURS
4TH SEMESTER**



**PHILABET E.A.N KHARBAMON
ENGLISH HONOURS
4TH SEMESTER**



**RAJKUMARI KAJAL DEVI
PHYSICS HONOURS
6TH SEMESTER**



**LIJAR NGULOM
POL. SCIENCE HONOURS
4TH SEMESTER**



**LALNUNMAWIA
BIOTECHNOLOGY
4TH SEMESTER**



**YUMNAM PRIYOJIT SINGH
MATHEMATICS HONOURS
4TH SEMESTER**



**RUCHIRA NAG
SOCIOLOGY HONOURS
4TH SEMESTER**



**SHIDHANT RAI
B.COM
4TH SEMESTER**



**MICHI KHODA
BOTANY HONOURS
4TH SEMESTER**



**CHELSEA MARGARET MAWLONG
HISTORY HONOURS
4TH SEMESTER**



**CATHERINE MIALLI R MARAK
ECONOMICS HONOURS
4TH SEMESTER**



**TSOZO HOSHI
ENGLISH HONOURS
4TH SEMESTER**



**LES ARTISANS
ST. EDMUND'S COLLEGE, SHILLONG**

LIST OF WORK DONE BY CLUB SINCE THE FOUNDATION TO TILL DATE:

DURING ODD SEMESTER, 2021

1. PARTICIPATE AS A PART OF PROGRAM ON "FOUNDER'S DAY" HELD ON 29TH AUGUST, 2020.
2. ONLINE TEACHERS' DAY CELEBRATION ON 5TH OF SEPTEMBER 2020.
3. FACE PAINTING STALL AT OPEN UP CAFÉ WHICH MEDIA PARTNERS-TNT NORTHEAST AND SUPPORTED BY MIE, PARTICIPATE AS PER THEIR REQUEST ON 14TH FEBRUARY 2021.
4. ORGANISED AN INAUGURATION OF CLUB ROOM ON 6TH MARCH 2021

DURING EVEN SEMESTER, 2021

5. ORGANISED A PAINTING COMPETITION FOR THE MAGAZINE COVER OF 2021.

DURING ODD SEMESTER, 2021

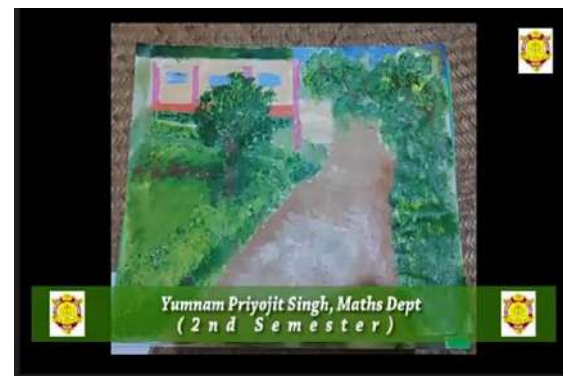
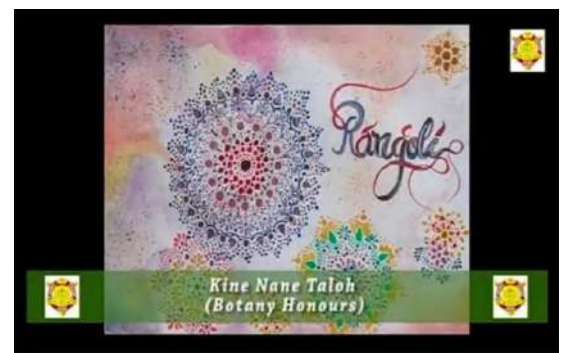
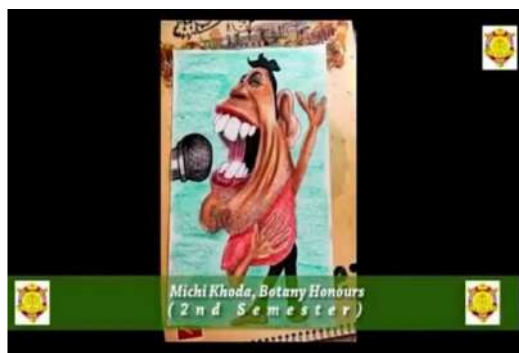
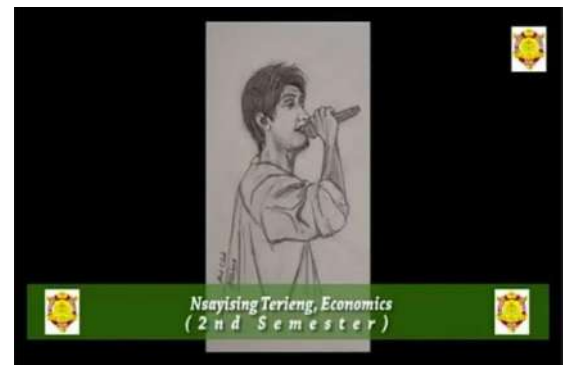
6. MAKE POSTER FOR ENVIRONMENT RELATED TO INTERNATIONAL DAY OF SIGN LANGUAGES ON 23TH OF SEPTEMBER 2021.
7. PRIZE DISTRIBUTION FOR PAINTING COMPETITION OF MEGAZINE COVER ON 8TH OF OCTOBER 2021.
8. RECRUITMENT OF NEW MEMBERS OF CLUB.
9. LAUNCHING OF NEWSLETTER ON 8TH OF OCTOBER 2021.

LIST OF FUTURE PLANNING PROGRAM

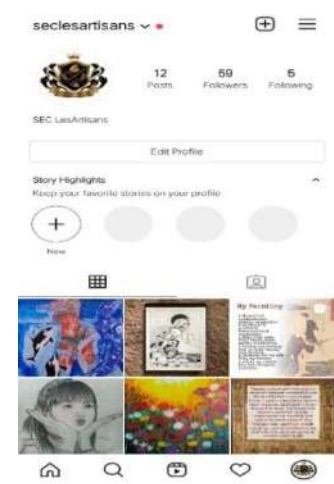
1. TO ORGANISE WALL PAINTING COMPETITION.
2. VISIT DON BOSCO ART MUSEUM.
3. TO ORGANISE A BIG ART EXHIBITION WITHIN THE MONTH OF JUNE.
4. TO ORGANISE ART COMPETITION CUM AWARENESS TO OTHERS SCHOOL

P O S T E R S

FOUNDER'S DAY



CLUB INSTAGRAM PAGE



TEACHERS' DAY 2020



Due to the prevailing pandemic the club held an online event to celebrate Teacher's Day in the year 2020. Present were the Vice Principal of St Edmund's College and the teacher in charge of the club.



FACE PAINTING AT OPEN UP CAFÉ VALENTINE'S DAY.

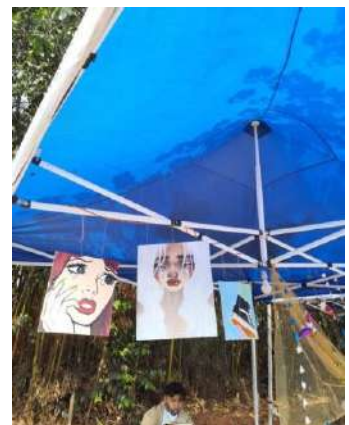
Event: Valentine's Day

Date of event: 14th of February, 2021

Location of event: Open Up cafe, Mawroh

Number of persons attending: 6 Sponsoring organisation: St. Edmund's College Shillong

Event summary: On the 14th of February 2021, the SEC Les Artisans club attended an event hosted by Open Up cafe with the intention of providing face painting services to everyone present. A stall was set up around 11:30 AM using funds secured by the college. The members decorated and sat in the stall, giving out services to passers by, providing them with face painting. Interviews were conducted with various members by TNT magazine on the club and their agenda as well as the student's personal goals and aspirations. The event concluded shortly after, around 5:30 pm



PAINTING COMPETITION FOR MAGAZINE COVER

Painting Competition for magazine cover.

The Art club of St. Edmund's College has hosted a painting competition where the winner's drawing will be the cover page of the college magazine 2020-2021. It is held in the month of April of 2021.



EARTH DAY (ONLINE)

Earth

Day celebration:

Date of event: 22th of April

2021.Organised by:

Department of Environmental
Studies St. Edmund's
College Shillong.

Art club also took
part in the Earth Day
Celebration by making
posters.



INTERNATIONAL DAY OF BIOLOGICAL DIVERSITY

Internal Day of Biodiversity

Date of event: 22th of April

2021.Organised by: Department of
Botany St. Edmund's College Shillong.

Art club also took part in the
Earth Day Celebration by making
posters.



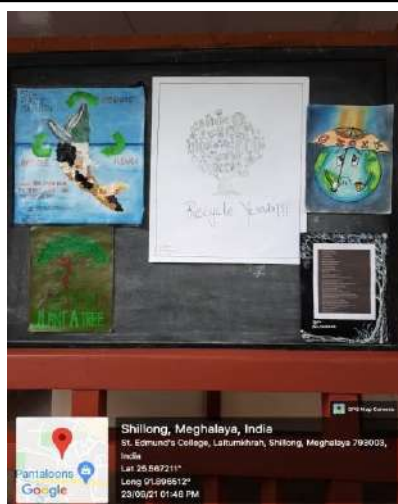
INTERNATIONAL DAY OF SIGN LANGUAGES

Internal Day of Sign Languages

Date of event:
23rd of September 2021.

Organised by:
St. Edmund's College Shillong
with Art club.

The Art club prepared some posters for the *International Sign Languages Day* and celebrate with the presence of Brother Simon, Principal, Vice Principal, HOD of Botany, HOD of Electronics with the members of Art club and some Teachers and Students



NEWSLETTER LAUNCHING AND PRIZE DISTRIBUTION FOR MAGAZINE COVER COMPETITION 2020 -2021

Newsletter Launching and Prize Distribution for Magazine cover Competition 2020 – 2021

Date of event:

23th of September 2021.

Organised by:

St. Edmund's College Art club.

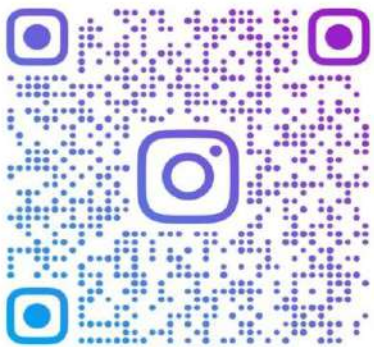
The St. Edmunds art club saw the launch of it's first annual newsletter on the 8th of October, 2021. A small programme was held to celebrate the launch of the newsletter, which was attended by various members of the faculty (insert faculty names) and also by the representatives of different clubs. After the programme's conclusion, the members of the club distributed several newsletter copies out to the students of the college. (Optional: The contents of which included-

- Our History.
- Newly Elected Executives
- Plans For The Future



Thank
you





SECMESARTISANS

Students Participating in extension activities with Govt & Non organizations and programme such as Swachh Bharat, AIDS awareness, Gender Issue etc.....

[1st April 2020 to 30th July, 2021]

1. NAME OF THE DEPARTMENT: Department of Social Work (PG), St. Edmund's College, Shillong.
2. TITLE OF THE PROGRAMME: 'Women's Day Celebration'
3. NAME OF THE RESOURCE PERSONS:
 - Dr. Sylvanus Lamare, Principal, St. Edmund's College, Shillong
 - Mr. Monotosh Chakraborty, Vice Principal, St. Edmund's College, Shillong
 - Bro. Simon Coelho *cfc*, IQAC Coordinator, St. Edmund's College, Shillong
 - Dr. B. W. Nongbri, Dean, St. Edmund's College, Shillong.
4. NAME OF THE ORGANIZING FACULTY: Dr. Rituparna Rajendra, Mr. Allanson Wahlang, Mr. Martius Rynjah and Ms. Ainamlin Dkhar
5. DATE: 8th March 2021
6. TIME: 11 am
7. VENUE (IF OFFLINE): Auditorium, St. Edmund's College, Shillong.
8. MODE: Offline
9. PLATFORM:
10. LINK (if online):
11. NO OF PARTICIPANTS: 76


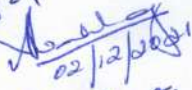


TEACHERS: 15

NON-TEACHING STAFFS: 25

STIUDENTS: 36

OUTCOME OF THE PROGRAMME: To commemorate the event of 'International Women's Day' on the 8th of March 2021, the Department of Social Work (MSW), St. Edmund's College, Shillong organized a Poster Campaign within the college campus followed by a programme in the college Auditorium to felicitate the female teaching and non teaching staff of the college to celebrate their achievements, hard work and their contribution in the college and in the society at large. The Principal, Dr. Sylvanus Lamare, the Vice Principal Sr. Monotosh Chakraborty, the Coordinator of IQAC Bro. Simon Coelho *cfc* and the Dean Dr. B. W. Nongbri was present and graced the occasion with their beautiful messages.



1. Dr. R. Rajendra —  21/12/21
2. Mr. Ahanson Wahlang —  22/12/2021
3. For Mr. Martins Lyrjal — For Martins  21/12/21
4. Ms. Ainamlin Shhal  21/12/2021

(Signature of the Organizing faculty)


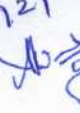

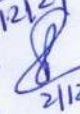
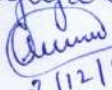
 21/12/21
(Signature of the Head)

Students Participating in extension activities with Govt & Non organizations and programme such as Swachh Bharat, AIDS awareness, Gender Issue etc.....

[1st April 2020 to 30th July, 2021]

1. ORGANIZED BY: Meghalaya State Commission for Women supported by National Commission for Women, New Delhi.
2. TITLE OF THE PROGRAMME: 'International Women's Day Celebration'
3. NAME OF THE RESOURCE PERSONS:
 - Chief Guest, Miss Isawanda Laloo, IAS, District Commissioner, East Khasi Hills District.
 - Speakers
 - *Shri. Toki Blah*
 - *Dr. Fabian Lyngdoh,*
 - *Shri. Vivek Syiem (MPS)*
 - *Shri. Donbok Majaw*
4. NAME OF THE ORGANIZING FACULTY: Dr. Rituparna Rajendra, Mr. Allanson Wahlang, Dr. Wandaia Syngkon, Mr. Martius Rynjah and Ms. Ainamlin Dkhar
5. DATE: 10th March 2021
6. TIME: 11 am
7. VENUE (IF OFFLINE): Soso Tham Auditorium, Shillong.
8. MODE: Offline
9. PLATFORM:
10. LINK (if online):
11. NO OF PARTICIPANTS: 20 Students from the department of Social Work-PG (MSW) attended the programme.
12. OUTCOME OF THE PROGRAMME: The programmes highlighted the laws against women and children, e.g., Prohibition of Child Marriage Act 2016, Juvenile Justice, POSCO Act (Protection of Children from Sexual Offences) etc, who oversees the welfare of women and children. The factors leading to the rising cases of crime against women especially sexual violence and rises in numbers of single mothers were also discussed. There was a group discussions between the speakers and audience about the main issues on women, all the participants took part and brought out their arguments with the speakers in discussing women's rights and how those problems could be prevented in the society.



1. Dr. R. Rajendra -  2/12/21
2. Mr. Allanson Wabang -  02/12/2021
3. For Dr. Wandaia Syngkon -  2/12/21
4. For Mr. Martins Rynjal -  2/12/21
5. Anandini Dkhoe  2/12/2021

(Signature of the Organizing faculty)

 2/12/21
(Signature of the Head)

ACHIEVEMENTS OF 2020 -21 [NCC]

January, 2020

1. The first year of 42 Meghalaya Battalion NCC participating in Local RDC and performed excellently on 26th January 2020.
2. The 2nd year cadets of St. Edmund's College marched at Red Fort PM Rally and Guard of Honor.



3. The 1st year cadets marched at Polo ground on the occasion of Republic Day.



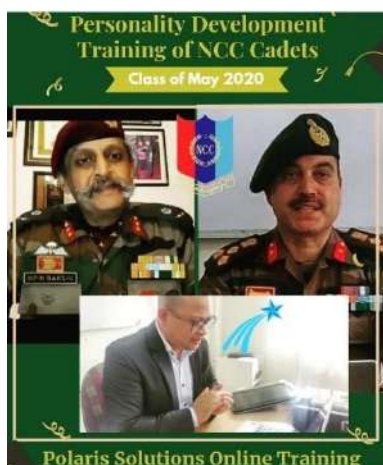
May, 2020

1. The Covid-19 struck, and the awareness duty was given to St. Edmund's College NCC Cadets, by District Administration, East Khasi Hills Meghalaya, which they did whole heartedly. [4th May – 9th May 2020)



September, 2020

1. Online Personality development training on Ek Bharat Shreshtha Bharat (EBSB) camp. organized by Group Headquarter, 4th September 2020



October, 2020

1. The 2nd year cadets of 2019 batch started practice for RDC in Shillong Public School near Group Headquarter, 9th – 10th October 2020.



January, 2021

1. SUO Ayush Hazarika got selected for Republic Day Camp (RDC), 26th January 2020.



National Service Scheme & RED RIBBON CLUB (RRC)

St. Edmund's College



**ANNUAL REPORT
2020-2021**

**MOTTO
NOT ME BUT YOU**

**NSS CELL ST. EDMUND'S COLLEGE
SHILLONG- 793003**



NSS Programme Officers:

Dr. Jasmine T. Sawian

Ms. Iarisa A. Dorphang

Mr. Emidaoopaya Sumer

Mr. Bawan P. Thangkhiew

NSS Animators:

Sengbat Marak, Department of Social Work

Celestene Lyngdoh Mawphlang, Department of Social Work

Batkupar Kharshiing, Department of Khasi

Promiy Pakyntien, Department of Economics

CONTENT

Sl. No	Date	Event
1.	18 th April, 2020	Data Entry Labour Department
2.	13 th May to 9 th June, 2020	The COVID19 Relief Activity: An initiative by St. Edmund's College, Shillong, in Collaboration with the National Service Scheme, SEC Unit
3.	5 th June, 2020	World Environment Day
4.	11 th June, 2020	World Donors Day
5.	21 st June, 2020	International Yoga Day "Fit India Youth Club"
6.	22 nd June, 2020	No Spitting Campaign
7.	26 th June, 2020	International Day Against Drug Abuse and Illicit Trafficking
8.	3 rd July, 2020	Workshop on Swachhata Action Plan (SAP)
9.	8 th October, 2020	Pledge Against Covid-19
10.	31 st October, 2020	Rastriya Ekta Diwas/National Unity Day
11.	20 th November, 2020	State level, Red Ribbon Quiz Competition by NACO, MACS
12.	26 th November, 2020	Reading of "Preamble to constitution"
13.	1 st December, 2020	Programme on World Aids Day, Organized by MACS
14.	28 th November, 2020	Program for "Audience Analysis Workshop"
15.	8 th January, 2021	Workshop on "Issues related to ending violence against Children"
16.	8 th January, 2021	Regional Level Eastern Round, Red Ribbon Club Quiz Competition
17.	8 th March, 2021	International Women's Day
18.	10 th March, 2021	Swachta for Nss Po's and Nss Volunteers
19.	12 th March, 2021	Felicitation program for Nss animators and Interns
20.	15 th May, 2021	Workshop on "Foundation of Interview Skills"
21.	22 nd May, 2021	International Biodiversity Day
22.	31 st May, 2021	World No Tobacco Day

1. Data Entry for Labour Department:

Date: 18th April, 2020

On the 18th of April, 2020, the NSS volunteers volunteered to help the Labour Department to enter the data of daily Labourers in the Labour Department data system to avail them for a special scheme from the Government of Meghalaya. Each volunteer was given 200 lists of individual names and their information to be entered into the website.



2. THE COVID-19 RELIEF ACTIVITY: AN INITIATIVE BY ST. EDMUND'S COLLEGE, SHILLONG IN COLLABORATION WITH NATIONAL SERVICE SCHEME UNIT, SEC

Date: 13th May to 9th June 2020

The PANDEMIC has hit everyone so hard. There was an increase of stories in newspapers about the plight of the vulnerable sections of society. The NSS, St. Edmund's College along with the Management of St. Edmund's College, Shillong as a part of the COVID relief programme provided essential commodities and masks to a number of needy households in villages in East Khasi Hills, Ri Bhoi and also to a number of needy families in Shillong urban area.



Packaging of essential items

Mawkyrnot village (31.03.2020): About 5+ households, with around 20-25 individuals.

Nongkseih Rim (08.04.2020): About 12 households, comprising of daily wage labourers and widows

Mawphu village (22.05.2020): About 30 households provided relief

Lamlyer village (24.05.2020): About 10 households provided relief

Lawmei village (25.05.2020): About 30 households provided relief

Nongsder village (27.05.2020): About 30 households provided relief

Shillong (30.05.2020): Provided relief at Pynthorumkhrah (43 households), Nongmynsong (15 households), Lumshyiap (10 households) and Umkdait (10 households)



Mawkyrnot village (31.03.2020)



Nongkse Rim (08.04.2020)



Mawphu (22.05.2020)

NSS volunteer, Winterborn Khongpdah, B.Sc 4th semester



Lamlyer village (24.05.2020)



Lawmei village (25.05.2020)



Nongsder village (27.05.2020)



Mawprem (30.05.2020)



Lumshyiap (30.05.2020)



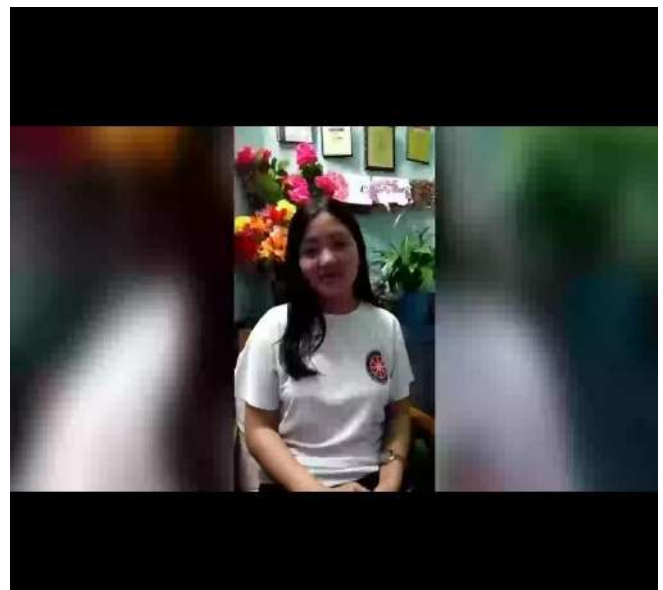
Umkdait (30.05.2020)

3. World Environment Day 2020

Date: 5th June 2020

The volunteers created a video montage for World Environment Day by involving the Programme Officers, the animators, Asst. animators, the interns as well as the volunteers. In the video montage pictures were included those of the volunteers, these pictures are of the environment like forest, lakes, waterfalls and so on, some of the volunteers contributed short clips too like them doing gardening, planting plants, and so on, and the narrator was the Programme Officer Ms. Jasmine Sawian where she talked about World Environment Day. The video montage ended with a message by the fellow animator saying that it is the responsibility of us human beings to protect and conserve the environment and the earth is our home and we should protect it at all cause and then lastly wished everyone World Environment Day.

The students have observed that World environment Day is very important because its not just that day that we celebrate the environment but it showed us that every single day it is our duty to step up and be responsible human beings who live on earth and should protect all the species that are residing along with them anywhere in the world, that we should conserve it and protect it at all cost.



4. World Blood Donor Day

Date: 14th June, 2020

World Blood Donor day is celebrated every year on the 14th of June and the theme for this year was “SAFE BLOOD, SAVES LIVES”. On the occasion of this day the volunteers designed slogans for spreading awareness about the need for voluntary blood donation. On this day one of our volunteers, Ms. Celestine Lyngdoh won 2nd prize for slogan competition. Her slogan was “Blood is Life, Pass it On”.



5. International Yoga Day

“Fit India Youth Club”

Date: 21st June, 2020

The volunteers celebrated International Yoga Day by remembering how important Yoga and exercise is important to keep our body healthy especially during these hard times with the pandemic we should take care and keep ourselves strong and healthy. The students posted the video montage about World Yoga Day and in this video montage there were posters made for Yoga Day and there were volunteers who did few yoga posture clips and along with the narration about each and every posture. The narrator then ended by wishing everyone a Happy International Yoga Day.

The students observed that yoga is a very important exercise where first of all is not that hard and secondly it helps us in many ways such as relieving stress and being healthy, through the video montage the student saw how the volunteers did the postures of yoga and also learned about each and every type and also how it helps us, therefore these postures if done daily can help us in being healthy and fit especially now since we all are in lockdown and we have time to do few of these yoga postures and it will benefit us in many ways.



6. No Spitting Campaign

Date: 22nd June, 2020

The volunteers registered under the 'No Spitting Campaign' 'Spitting Kills' campaign to pledge against spitting in public places, especially during the Corona Virus pandemic. The idea was to create awareness to 10 members of family or friends and circulate the campaign. Certificates were issued to those who took the pledge. Approximately around 50 Volunteers took the pledge.

7. International Day Against Drug Abuse and Illicit Trafficking

Date: 26th June, 2020

On this day, the 26th of June, 2020, the volunteers made a poster to be circulated online to create awareness amongst the student community on International Day Against Drug Abuse and Trafficking. Highlighting the Theme “Better Knowledge for Better Care”, which emphasizes the need to improve the understanding of the world drug problem and how in turn, better knowledge will foster greater international cooperation for countering its impact on health, governance and security.



8. Workshop on Swachhata Action Plan (SAP)

Date: 3rd July, 2020

The National Service Scheme (NSS) unit of St Edmund's College conducted a One day online workshop on 3rd July, 2020 on the topic Swachhata Action Plan (SAP).

The workshop began at 12:30pm and there were approximately around 32-35 participants via zoom meeting. The workshop began with an introduction session which was followed by a Power point presentation on the Objectives for the Workshop by Prof. Rituparna Rajendra.

The workshop highlighted the following objectives:

1. To introduce the aspect of the Swachta.
2. To introduce the concept of JAL SHAKTI ABHIYAN.
3. To interact with the 5 student teams, along with other NSS Volunteers and Social work Students.
4. To Discuss about the action plan for both campus and adopted villages base on Swachta Water Conservation.

The Workshop was headed by Prof. Rituparna Rajendra and Asst. Prof. Iarisa Dorphang. In the first Session the topic of discussion was on Swachta Campus. Where it was highlighted that the campus of St. Edmund's College can be used as an example to bring Swachta campus and there is so much of potential that is available to work within the campus itself. The topic was discussed using Power Point Presentation.

In the Second Session, another topic was taken up and it was on Jal Shakti Campus which focuses on water conservation and efficient use of water in the college campus itself and be the example setter for others and the same idea can be used in the rural setting and as well as in the adopted villages. In the last Session Asst. Prof. Iarisa Dorphang, she emphasised on creating a team and members were selected for different activities and action plan and the teams of 4 students in each activities was decided. Towards the end of the program the team of students were asked to come up with an action plan with respect to their allotted topic.

1) Sanitation and Hygiene	2) Water Conservation	3) Waste Management	4) Energy Conservation	5) Greenery and Plantation
Natasha Baruah	Ryngkatdor Marbaniang	Ananya Bhuyan	Betbhalin Kharhujon	Thoni
Ribanlin Lyngdoh	Winterborn Khongpdah	Lucky G. Momin	Sebastian Kharnaioir	Richard Laloo
Larihun Nongsiej	Michael Basumatary	Sengbat Marak	Anish Thakuri	Ferando Marngar
Banaiboklang Khongtir	Christine M. Lyngkhoi	Rosita Tirkey	Zenovia Rymbai	Rikidame papang
Jeiel O Wahlang	Jayashree Modak	Aphisha Kharkongor	Kanri-iaki D. Khongsngi	Ezaz Alom

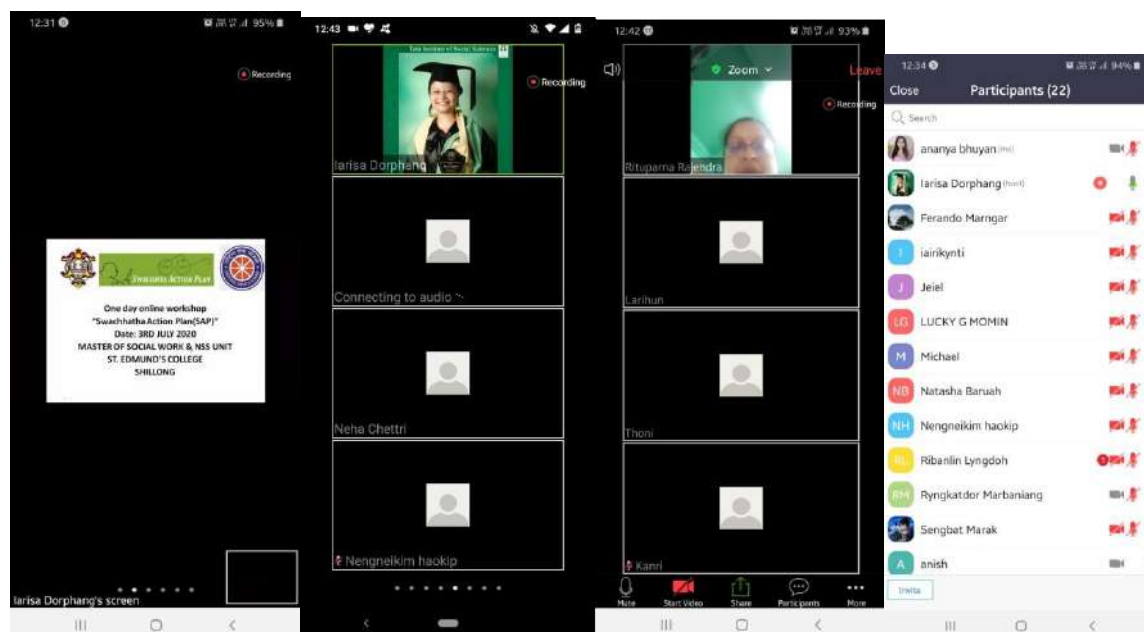
PROGRAM OUTCOMES:

The participant will be able to:

Bring about an improvement in the general quality of life in the rural areas by promoting cleanliness, hygiene and eliminate open defecation.

Motivate Communities to adopt sustainable sanitation practices and facilities.

Encourage cost effective and appropriate technologies for ecologically safe and sustainable sanitation.



9. Pledge Against Covid-19, Photo Collage

Date: 8th Oct, 2020

The Pledge against Covid-19 was undertaken on 3rd Oct 2020, by the NSS Volunteers keeping in mind to fight against the Virus and to keep oneself and others safe and most importantly to follow the guidelines and measures set by the Government of India.



10. Observation on “Rastriya Ekta Diwas pledge” National Unity Day

Date: 31st October, 2020

Rashtriya Ekta Diwas is observed on 31st October every year. This year the volunteers created a video montage and a photo collage of them reciting the pledge and holding it.



11. State level, Red Ribbon Quiz Competition by MACS

Date: 20th November, 2020

Two of our volunteers, Juhiwanki Pala and Ronald Marak represented the college for the state level Red Ribbon Quiz Competition, 2020 organised by Meghalaya Aids Control Society and won 1st prize. They qualified to the regional eastern zone round to be held on 8th January, 2021.



12. Reading of “Preamble to the Constitution”

Date: 26th November, 2020

A reading of the Preamble to the Constitution was observed on 26th November year. This year the volunteers created a video montage and a photo collage of them reading the Preamble and holding it.



13. Programme on World Aids Day, Organized by MACS

Date: 1st Dec, 2020

Duration: 3 hours (2:00 pm - 5:00 pm)

Theme: “Global Solidarity, Shared Responsibility”

On the 1st of December, 2020 the NSS Volunteers attended a programme which was held in the State Central Library, Shillong on account of “World Aids Day”. There were 10 volunteers who took part in it.



NSS Volunteers - St Edmunds College

Shri. N. A. Khan, Districts and Session Judge and Member Secretary of the Meghalaya State Legal Services Authority, spoke at length about the legal framework available to protect the rights of those living with HIV/AIDS.



Shri N. A. Khan District and session judge, while delivering his speech

To mark the occasion, Freestyle for 15, an Instagram sports event contest and theme song on HIV/AIDS “Stand-up”, composed and arranged by the renowned artist of the State, Shri. Lamphang Syiemlieh were launched on this day. Prizes were also distributed to the winners of the “Promote HIV testing” contest.



Lamphang Syiemlieh and group

Founded in 1988, World Aids Day was the first international day for global health. In spite of successes made, policy measures, financial resources and the coordinated efforts of all stakeholders is required to reach the goal of eliminating HIV/AIDS globally by 2030. Further, the theme of the celebration “Global Solidarity, Shared Responsibility” requires the world to come together to ensure that health is fully financed, health systems are strengthened, access is ensured, human rights are respected and the rights of women and girls, and gender equality are at the centre. Other’s who spoke were Shri. F. Myllemngap, Peer Educator, who shared about discriminations faced and challenges overcome as a peer educator belonging to the LGBTQIA+ community and Dr. (Mrs) R., Project Director, Meghalaya AIDS Control Society, Shillong, who delivered the welcome address (MIPR) Shillong,

December 1, 2020 : Joining people all over the globe, World Aids Day was today observed in the state to show support for people living with and affected by HIV and to remember those who lost their lives to AIDS.

The programme organized by Meghalaya AIDS Control Society (MACS) in collaboration with the Meghalaya State Legal Services Authority was held at U Soso Tham Auditorium, Shillong.



Chief guest - Shri Sampat Kumar while delivering a speech

The Chief guest, Shri. Sampath Kumar Commissioner and Secretary, Health & Family Welfare Department, Govt of Meghalaya and President, Meghalaya AIDS Control Society Shillong, informed that Meghalaya ranks 5th in the country in terms of prevalence of HIV cases and 2nd in the highest number of syphilis cases among pregnant women. Therefore, concerted efforts are required in creating awareness on preventive measures to address these health issues. Furthermore, he cited that the COVID-19 pandemic has brought into focus the importance of health care and the need to strengthen the health system. Praising the role of NACO and MACS for their continued fight to educate the masses on HIV and end stigmatization, he stressed on the importance of testing and adherence to treatment.

14. Program for “Audience Analysis Workshop”

Date: 28.11.20

Duration: 2 Hours (5:00 pm - 7:00 pm)

Objectives: To end violence against children

On the 28th of November 2020, the NSS Volunteers attended a workshop for the Audience Analysis, with the Volunteers of Aspirational Districts. Where its aim was to “End Violence Against Children”.

The first resource person started off with a small game called ‘Never have I ever’, where certain questions were being asked i.e., If anyone has stood against violence, came across child rights abuse and so on; in which the volunteers shared some of their experiences based on the questions that were being asked to them.

Secondly, the Volunteers were being directed to the purpose of the workshop, which was to “End the Violence Against Children” specially in the North East region. The purpose project aims to begin outreach with young people associated with NSS in 40 districts in the North East (33 in Assam and the 7 aspiration districts in the other states), by involving them in planning, design of initiatives and communication assets and involve young influencers on social media with massive reach.

WHY IS IT IMPORTANT?

As it is known from the extensive research, the most poignant from the voice and experience of children themselves, violence against children knows no borders. It cuts across boundaries of gender, age, race, culture, wealth and geography. It happens at home, on the streets, in schools, online, in the workplace, in the justice system and in institutions meant to care for children. No country is unaffected. Preventing and eliminating violence against children is a truly universal agenda.

The session was a successful one, and was of great importance for the Volunteers, as it helps in seeing how important it is in order to look into the matter of violence against children. And how each and everyone has a part to take in order to correct the wrong and to discuss on how to prevent this and make the people aware of the Do's and Don'ts.

The workshop was an informative as well as fun experience for the NSS volunteers and brought to light the current problems of children especially in the Northeast. The workshop mainly focused on child marriage and violence against children which includes bullying. The

hosts made sure to make the workshop an interactive session by including discussions from the volunteers' experience and games at intervals. The workshop aims to end violence against children and to end child marriage which still prevails with the highest rates being in the northeast, Tripura and Arunachal Pradesh holding the highest numbers.

15. Workshop on “Issues related to ending violence against Children”

Date: 08.01.21

Duration: 2 hours (5:00 pm - 7:00 pm)

Objectives: Increasing capacities of young people from North East of India on Children's Rights

On the 8th of January 2021, UNICEF organized an online workshop focusing on the issues related to ending violence against children. The workshop started at 5pm with the host - Sir Sonal Roshan - stating the aim of the workshop. The host then went on to question the volunteers and involve them in a discussion concerning the topics of bullying and violence. The volunteers then took part in a quick game of cahoots before continuing with the discussion on social media among children: its advantages and disadvantages. The last topic discussed upon was Corporal Punishment in which many volunteers voiced their opinions for and against; this discussion then led up to a brief explanation by the host on the pattern of violence from childhood to adulthood.

The volunteers assessed that the workshop aiming to involve young people associated with NSS in the awareness towards ending violence against children was successful as each volunteer took part in the session and voiced their own opinions concerning the topics brought up.

The workshop was a beneficial platform for the volunteers to understand the forms of violence, child rights violations, the circle of violence or pattern of violence and the online violence which threatens children today.

16. Regional Level Eastern Round, Red Ribbon Club Quiz Competition (8th, January, 2021) organised by National Aids Control Organisation

Date: 8th January, 2021

Two volunteers, Juhiwanki Pala and Ronald Marak, represented the state of Meghalaya, for the Regional Level Eastern Round held on the 8th of January, 2021. They won the 3rd Prize after Assam and West Bengal.



17. Poster Campaign on “International women’s Day”

Date: 8th March, 2021

The NSS Unit of St Edmunds College, Shillong celebrated the international Women’s Day by organising a Poster Campaign within the college. The theme for this year (2021) International women’s day was “Women in leadership: Achieving an equal future in a COVID-19 world”.

The NSS Unit comprising the PO’s, Animators and the volunteers actively participated in the campaign. The volunteers came up with their own creative ideas and made beautiful posters with very meaningful words and to quote a few of the written words, one wrote “ A woman with voice is by definition a strong woman”, another wrote with a sketch ,”Today’s Girls with ambition are tomorrow’s women with Perception”.

There were approximately 15 to 18 NSS volunteers who participated in the campaign.



18. Swachta for NSS POs and NSS Volunteers 'SWACHTA FOR NSS PROGRAMME OFFICERS AND NSS VOLUNTEERS'

Date: 10th March, 2021

On 10th of March, 2021 the NSS unit, St Edmund's college, went to NEHU Campus to attend a Workshop on "SWACHTA FOR NSS PROGRAMME OFFICERS AND NSS VOLUNTEER" whereby comprising of 5 NSS Volunteers attended the programme. The Workshop witnessed a good number of participants from different institutions and approximately 30-40 NSS volunteers and Probation Officers were present. The Workshop started the registration of the participants by 10:00 am to 10:30 am and proceeded with a formal welcoming and introduction by Dr. Degracia Nongkynrih, Program Coordinator (NSS) and broke out for tea break.

The First Session was taken up by the resource person namely Bah Lyngdoh who is a consultant for Swachta Bharat Gramin. The topic was on "Plastic Waste management". In the Session, Mr. Lyngdoh highlighted the fact that Plastic waste has become a threat to the environment and as well to the human being only because of our own negligence and misusing the material.

In his allotted time Mr. Lyngdoh also spoke about Phase II of Solid Waste Management and its core elements and they are "Construction of toilet", "Construction of assets for solid Waste management", "Biodegradable Waste Management", "Gobar Waste Management" and "Composting". He emphasised more on "Interpersonal Communication" and "Behavioural Change Approach" as effective tools to combat and the use of plastic and other waste which can be a menace. A practical session was also enacted in the session where Mr Lyngdoh distributed different kinds of plastic and its patent numbers to raise awareness of what kind of plastics can be recycled and which cannot be recycled. Another practical session involved a video presentation of his routine and ways he adopted to cut the use of single use plastic and also showcased his wife's pocket bag which is convenient and eco friendly in nature. Before ending his session he also took a Questions round and a large number of volunteers participated with the questions.

After the Lunch break another session took place with Bah Mark Kharkongor, Consultant Swacch Bharat Mission Gramin. His Session began with a question of "What is considered as a waste?". He Continued with his viewpoint that "There is no such thing as a Waste" as a lay man we consider anything that has no value as a waste but in his understanding, he pointed

out that everything has a value we only need to look for it. With this he proceeded with a video presentation where he stood to his and showcased the work he's been doing and the video shows that many plastics and other material we threw can be reused for other purposes. He also claimed that the single use plastic is the hardest type of plastic which got almost no value but on the contrary he said that it can be used for construction of roads in the state and in fact this work has officially begun since 2019.

Before concluding the session, he brought more insights into the methods of composting and the usefulness of Sawpit. The programme ended with another question and answer round.

The Program Ended at 4:20pm.



19. Felicitation Programme of NSS Animators, SEC Unit

Date: 12th March, 2021

Platform: Google Meet

The volunteers attended the Felicitation Programme which was organised by the NSS animators along with the Programme Officers and the volunteers. The programme was held on 12th March 2021, it started at 5pm and the host was one of the animators Sengbat Marak and started by opening the programme and followed by a welcome speech by Aphisha Kharkongor, after the speech a short video was presented where it contains of pictures and short clips of the outgoing animators and the interns for their contribution towards NSS. A speech was given by one of the outgoing animator Iairikynti Lyngdoh, she talked about how she was grateful to be part of the NSS family and her journey was one of the best experience and that she was lucky to be an animator working alongside with the Programme Officers as well as the interns and the fellow Animators, she thanked everyone for organising the felicitation programme and that it means a lot. The Programme Officers then took on and gave a speech about each and every animator on how good and hard working they all are, after the speech then comes the part to felicitate the Animators and interns, the certificates were distributed by one of the Programme Officers Sir Da-oo Paya, after the felicitation the vote of thanks was done by one of the present animator Batkupar Kharshyieng.

The volunteers observed that it was an interesting programme where the outgoing animators expressed on how they were really lucky to be a part the family and how sad it was that they are leaving especially through digital mode or online mode and that how they wished that everything was normal so that they could've gotten the programme to be in offline mode and physically be there and they also wished good luck to the present animators on their journey as animators, It was a really good programme and the animators communicated well with the Programme Officers and also the Asst. animators and made this programme possible and successful.



Google Meet interface showing participants:

- Celes Lyngdoh (You)
- Sengbat MK
- Iarisa Dorphang
- Da-O Paya

Also in the meeting (20)

*NSS Unit
ST. EDMUND'S COLLEGE
presents
"Felicitation Programme"*

*Hosted by Sengbat Marak
Date - 12th March 2021
Time - 5 pm
Join here -
<https://meet.google.com/nid-ojcr-chq?ht=151>*

Program list

*Opening of the Programme by the host - 5 pm
Welcome speech by
Aphisha Kharkongor - 5.10 pm
Photo collage of animators and interns - 5.20 pm
Speech from the animators - 5.35 pm
Speech from the Programme Officers - 5.45 pm
Felicitation of the animators, assistant animators and
interns - 5.55 pm
Vote of thanks by Bathapar Kharshyeng - 6 pm*

20. International Biodiversity Day

Program: Webinar on Biodiversity day

Organized by : The department of EVS in collaboration with NSS SEC Unit

Date: 22nd May 2021

Platform : Zoom meeting

Objectives:

- To attend the webinar
- To celebrate Biodiversity Day along with the EVS Department
- To learn about the Biodiversity of Nature, its species and so on.

Interaction:

The student along with the co-workers attended the webinar through Zoom using the link that has been shared with all the students who have registered for the webinar. The webinar started at 12am and the Host for the program was Pratiksha Kaushik, she welcomed everyone to the webinar and talked about Biodiversity and that we should protect and conserve our mother earth, she also mentioned the theme for Biodiversity Day 2021 which was “We Are Part of the Solution #Nature”. In order to start with the program a prayer was led by one of the students from the EVS department, the prayer was followed by a welcome speech by Ichha Limbu from EVS department 6th semester. A speech was given by the Principal, Dr. Sylvanus Lamare, he congratulated all the students for preparing and organizing the webinar celebrating Biodiversity Day. After the speech a short clip was presented by the students showing the biodiversity of nature, the clip included photos and videos on nature. An announcement was made the ACR of the 6th semester for the winners of Photography and arts competition organized by the students from the EVS Department.

The resource person of the webinar was Dr. Shivam Shrotriya who is a renowned scientist and he also has a PhD in Wildlife Science. He started with a presentation that he prepared “The Faunal Diversity in extreme Ecosystems”, firstly he asked a question “What do you understand by biodiversity?” and the students answered to the question then he showed two pictures, one was a waterfall and the other was in a city with traffic, here he asked which one is biodiversity and one of the student said both and it was the correct answer. He then talked about how all the species in earth are different from each other and through the interactions among us it creates the ecosystem, a picture was shown about ecology, each and every species has their own roles, most of the species are gone because of connections and every species are dependent on their habitats or ecosystems. The next point was about Cave Ecosystem, he showed a cave which is situated in Central India, it is a 600m long chamber

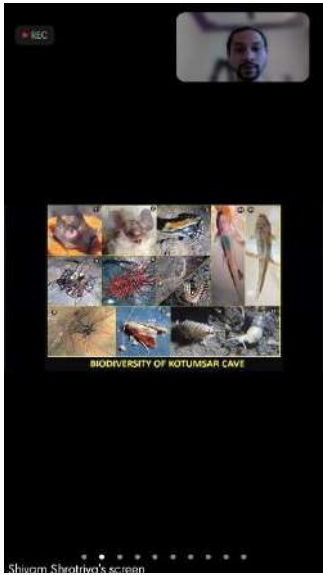
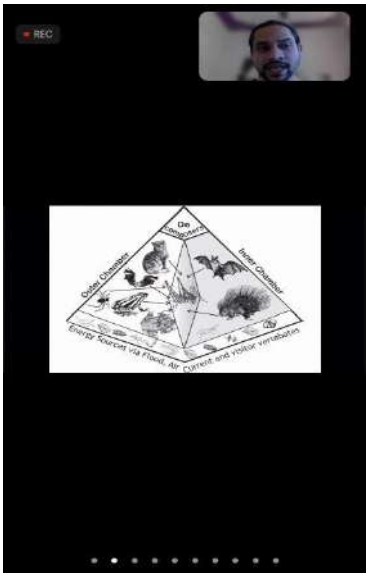
inside. The question was how can biodiversity emerge in caves? One of the student said water but water is not enough and since there are no plants means no photosynthesis. There are actually 10-11 species in the cave and he explained how a bat in a cave eats on insects and they bring the digested food and excrete and that becomes decayed. There are also fishes that survive inside the cave but these fishes and other species have gotten used to the dark nature since in caves it is always dark so most of the species are blinded meaning they lost their eyesight and also color. The next point was the 2nd extinct ecosystem which was Ladakh, the temperature there is very low and is also called the cold desert, the question was raised again that is there a variety of biodiversity in this place but surprisingly there are about 1100 plant species, 319 birds, 36 mammals, 15 Herpetofauna, 370 butterflies and about 3lakh people. He showed pictures of many species found in the area, there was a wolf too which is the oldest wolf in the world and it is called the Tibetan or Himalayan wolf. He talked about the major challenges to biodiversity and then ended with the presentation. An interactive session took place where students were asking question to the resource person. One of the teachers thanked the resource person for the incredible presentation. An announcement was again made by the ACR for the winners of the poetry and essay competition. A speech was given by the HOD of EVS department Dr. Jasmine Therese Sawian, she expressed gratitude to the resource person and all the students, the theme inspired to protect the nature and that it is the responsibility of us all to save it. A short quiz took place on biodiversity, after the quiz a vote of thanks was given by one of the students thanking everyone who registered and attended the webinar. The webinar ended at 1:24 p.m.

Assessment:

The student observed that the students were always ready to answer any questions asked by the resource person and it was very interactive. The webinar was interesting and a success, the student learned a lot from the webinar about the biodiversity and that we should take the responsibility in protecting the nature.

Theoretical Application:

The student used the Principle of Communication, Principle of Co-operation and used the tools of Observation, Recording and Listening.



21. Workshop on "Foundation of interview skills"

Dated - 15th May, 2021

Duration - Two and a half hours (1.30 - 4.00 PM)

Platform: Zoom Meet

Participants: 150

Theme: "Commit to Quit"

Objective – To enhance and improve interview skills, communication skills and resume writing etc.

On the 15th of May 2021, the NSS Volunteers along with the other students of the college attended a workshop for The Foundation of Interview Skills, organized by the NSS of St Edmunds College.



Mr Sunny Mawlong

The resource person was Mr. Sunny Mawlong, a postgraduate in Economics and Business Management and also an outstanding leader and a motivational coach, started off with playing WORDLES where the participants had to identify some of the visual depiction of words contained in a piece of text.


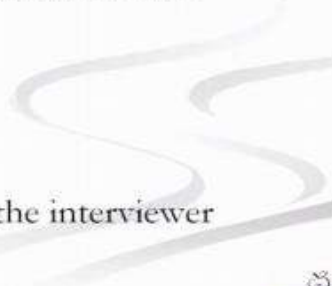
Secondly, he taught the participants the necessity of Resume writing and career objectives, which is very important.

Last but not the least, the participants/Volunteers were directed to the purpose of the workshop, which was the Foundation of Interviewing Skills.

The aim of the workshop is to enhance the youths to improve their interviewing and communication skills, by various advantageous methods like resume writing, career objectives, communication (being the key to an interview), the Do's and Don'ts in an interview and the FAQ's.

Do's and Don't

- Practice!Practice!Practice
- Correct body language and facial expression
- Carry all your needed credentials in a file
- Be well groom
- Knock before you enter
- Sit only when ask
- Greet the interviewer
- After the interview, thank the interviewer



Why is it Important?

Interviewing Skills are an essential tool for all students in Today's world of employment as there is increasing competition for job vacancies. This is largely due to the rise in graduation rates, consequently there are far more candidates applying for the same jobs.

These factors mean that good grades and appropriate work experience is no longer enough to secure you a job, which brings us to the importance of developing excellent interviewing skills to ensure you stand out to potential employers. Making a good impression in your interview is key, so being confident and well prepared will greatly increase your chances of making it to the next stage of the recruitment.



The session was a successful one, and was of great importance to all the participants, as it helps in the enhancement of one's skill or communication on this ground.

The NSS Volunteers along with the other participants had a productive workshop and learned a lot about the interviewing skills & communication. It helped the participants to understand

about how the interviews are to be tackled or dealt with. They also learned about the Do's and Don'ts – one should follow during an interview, the different kinds of FAQ's that they might come across, so on and so forth.



The workshop was informative as well as a fun experience for the NSS Volunteers as well as the other participants from the college. It brought to light the different kinds of cases that the youths might come across with during an interview. It is really of great help to all the participants. The host made sure to make the workshop an interactive session by including - discussions from the volunteers, experience, questions and games too.

Some of the participants along with the resource person (Sir. Sunny Mawlong) and the Program Officers.



22. World No Tobacco Day

Date: 31st May 2021

Time : 4:30 pm – 6:00 pm

Platform: Google Meet

Theme: "Commit to Quit"

The host of the webinar is Kanriaki, the welcome speech was given by the Principal. All the participants took part in taking the pledge. A video was played by Aphisha Kharkongor which was entitled “What is the single best thing you can do to quit smoking” .

While watching the video the Principal said in the group chat, “If a smoker spends Rs. 150/- a day, he will spend Rs. 54,750/- a year and Rs2,73,750/- in 5 years, if he quits smoking he could use the money to get something useful for himself and his family. “

For the webinar we had a resource person whose name was Dr. Siddarth Banerjee who completed his bachelor of Dental Surgery from Guru Nanak Institution of Dental Science and Research Kolkata. He was introduced by Primoy Pakyntein.

The resource person first gave his greetings to the participants of the webinar, then he stated that although a lot of us may wish to ban tobacco we must also think about those who produce tobacco and earn their daily bread from this product. Then he went on to ask the as to why it is important to quit tobacco to which he himself answered that we all inherently know that it is bad for our health as well as for the people around us but still a lot of us find it hard to quit.

He first gave a general introduction of tobacco which is a plant which is grown as a cash crop which is then changed into various forms and is used as a material for various use. One such example is Biri which is manufactured in large quantities especially in India and most of the workers in such factories are women and children. People of low income usually consume these as they are cheap. One of the categories of tobacco are flavoured cigarettes, another category is low smoke tobacco (eg:hukka). Another type is smokeless tobacco which is consumed directly without burning the tobacco which people usually put in one side their mouth after which they feel a sense of euphoria. There is also a new form of tobacco which is banned in our country which is called Nicotine Delivery System which uses an electronic method. When we look into the facts and figures we can see two types of facts and figures one is nationwide and another is state level. Tobacco in India attributes to 19% total death due to heart disease whereas in Meghalaya it is 27.06%.Smoking affects almost all the parts of our body, smoking causes various types of cancers It also causes a lot of NCDs(Non Communicable Diseases) like stroke,

pneumonia etc. Most of the smokers have cavity in their teeth. Smoking also reduces reproductive capacity in both men and women.

How tobacco leads to addiction?

Tobacco consists of a chemical called nicotine. When one smokes nicotine goes into the blood and directly goes to the brain and it attaches itself to the Nicotinic receptors after which a specific pathway gets activated which is known as the reward pathway after which we feel good because a specific chemical is released called dopamine which results in feelings of euphoria.

Why is it difficult to quit?

After experiencing it for the first time and we feel good then we want to use it more, then when we stop using tobacco the body is starved of nicotine which lowers the level of dopamine which causes the person to feel sad which causes various withdrawal symptoms.

How to overcome the addiction?

We have to develop a plan which must start with a quit date, inform the people around us so that they can support us, anticipating the challenges that is to come, remove all tobacco products from our environment.

Challenges to quitting:

Physical addiction, emotional and psychological connection, behavior and social connection.

We can cope with withdrawal symptoms by drinking lots of water and engaging in healthy hobbies, increase appetite and weight gain, focus on positive thoughts, engage in physical activities. One of the most difficult challenges is tackling social and behavior connections which we can do by keeping ourselves positive and being prepared for any kind of relapse. Smoking is a social activity so we should not seize ties with our friends

The benefits of quitting are the blood pressure goes back to normal, the risk of getting a heart attack decreases, nicotine and carbon monoxide levels in our blood reduces, breathing becomes a lot easier, chances of getting lung cancer reduces by 30-50%, life starts moving in a different course.

The following were asked at the end of the interaction:

Can India take a step like New Zealand to completely ban smoking?

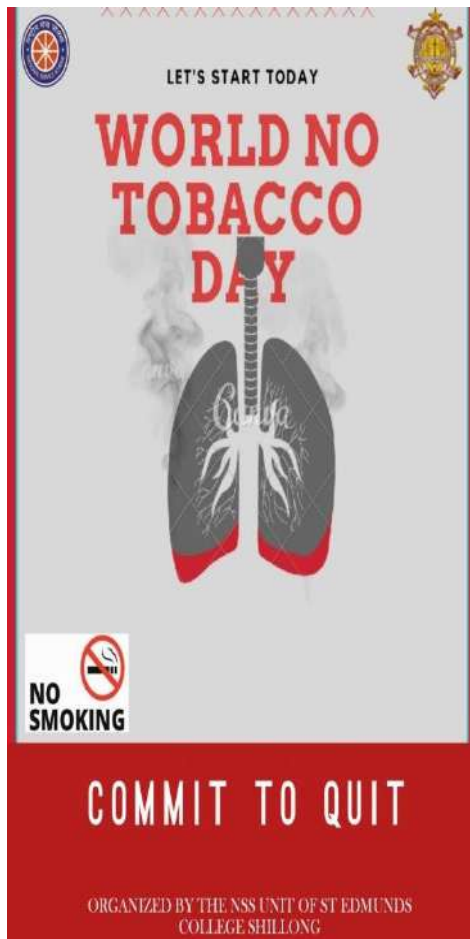
If eating tobacco is bad, then why can't it just ban it for good?

What is second hand smoking?

What happens when smoking with empty stomach?

Tobacco causes pleasure but just as much as it gives it also takes up a lot from our lives. Not only is our health at risk but even the people around us is affected passively. This programme makes us aware of the dangers of tobacco consumption and the healthy ways in which we can overcome the addiction and ways to cope with the withdrawal symptoms. It helps us to come up with a systematic plan to quit.





Report on the programme on National Science Day, 2021.

The National Science Day was celebrated on the 28th February, 2021 via an online programme. Due to restrictions imposed by the ongoing Covid-19 pandemic the aforementioned program had to be conducted online. The program aimed at reviving and flaming the fire of determination in students to pursue a path in Science. The day was not just spent in remembrance of great Scientist, old and new, but also in trying to find one's own dreams and aspirations.

The online program itself included- small information on the National Science Day itself, its past and history. Its purpose and achievements. The program also included educational videos on diverse topics- simple experiments and their explanations. The hope was to excite them and remind them why they were pursuing Science and why they should continue.

The program was attended by the students of Physics Department, St. Edmund's college. These included all students from the 1st, 3rd and 5th semesters along with the teachers of the Physics Department.

In contrast to our other online programs, this one was made keeping in mind the restrictions and time constraints on students. Since the students were nearing the end of the semester, this program provided them with a link that they could observe at any time of their choosing.

In addition to the program itself, the feedback from the students are also attached along with this report.

Based on the feedback we can say we achieved the best of what could be made do with given the restrictions.



MUSIC SOCIETY: ST. EDMUND'S COLLEGE

The Music Society officially met virtually for the first time on 10th June 2021. Members of staff in the meeting were Bertrand Dkhar (Computer Science), Damewanmi Suchiang (Environmental Science), Larihun Jeengaph (Environmental Science), Dr. Duwaki Rangad (Zoology) and Rajesh Dutta (Economics).

The inaugural meeting discussed the possibilities and challenges of holding online programs. We decided to circulate a Google form for registration of students and to collect some data on their interests. A flyer was circulated and information put up in the College website. Interested Students were encouraged to design a logo with a meaningful motto for the society and submit their creative work by 18th June 2021.

On 18th June 2021, the faculty members met the 26 registered students and did the following:

- (a) Voted on the Music Society logo and motto. The design and words by Miss Ibakordor Kharmih, (6th Semester BCA) was selected.
- (b) 4 students were chosen for the core committee: Jason Nashville Laloo (presently 5th Sem, Economics), Habiba Khanam (presently 3rd Sem, BSW), Banlambha Dohling (presently 3rd Sem, Physics) and Ibakordor Kharmih (passed her 6th Sem BCA but is still a member)
- (c) Took the decision to officially inaugurate the Music Society on World Music Day, 21st June 2021 with an online Musical Evening
- (d) Requested students members to record a one minute performance and email to the Music Society
- (e) Decided to reach out to ex-Edmundians who have excelled in music and request their participation on World Music Day

The Core Committee met again on 19th and 20th June 2021 and finalized the invitation and the World Music Day program for 21st June 2021.

We had received 33 recorded performances: 8 from past pupils, 3 from our Staff and 22 from our Students members.

Invitation for the program was circulated among Staff and Students of the College and past-pupil participants.

❖ 21st June 2021, Celebration of World Music Day

The online Zoom program started at 5pm. The SEC Music Society was officially inaugurated by Br Simon Coelho, IQAC Coordinator. Videos received from students were shared with the participants. Over 140 persons joined the online session. Every individual performance was appreciated with wonderful words of encouragement shared in the Chat Box. The event went on uninterrupted for close to 2 hours.


 Music can calm our souls. Stay Dedicated.

Share an Evening with us

In celebration of the
World Music Day
 "Spreading Love, Joy and Happiness through Music."

Date: 21st June, 2021
Time: 5:00 pm
 The zoom portal will be open from 4:45 pm onwards.

Click this note to join: 

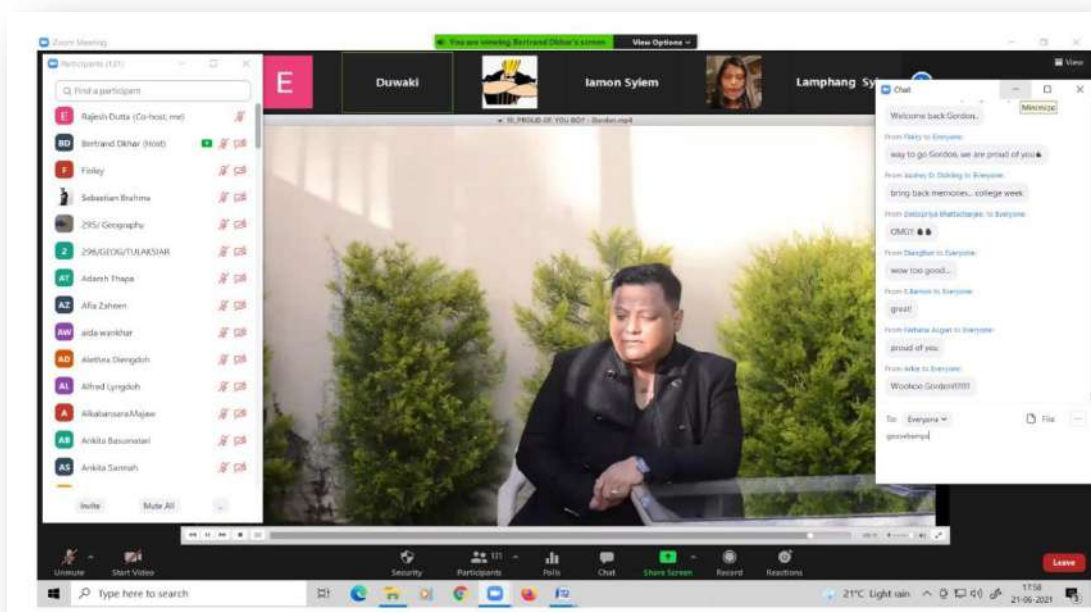


MUSIC Society
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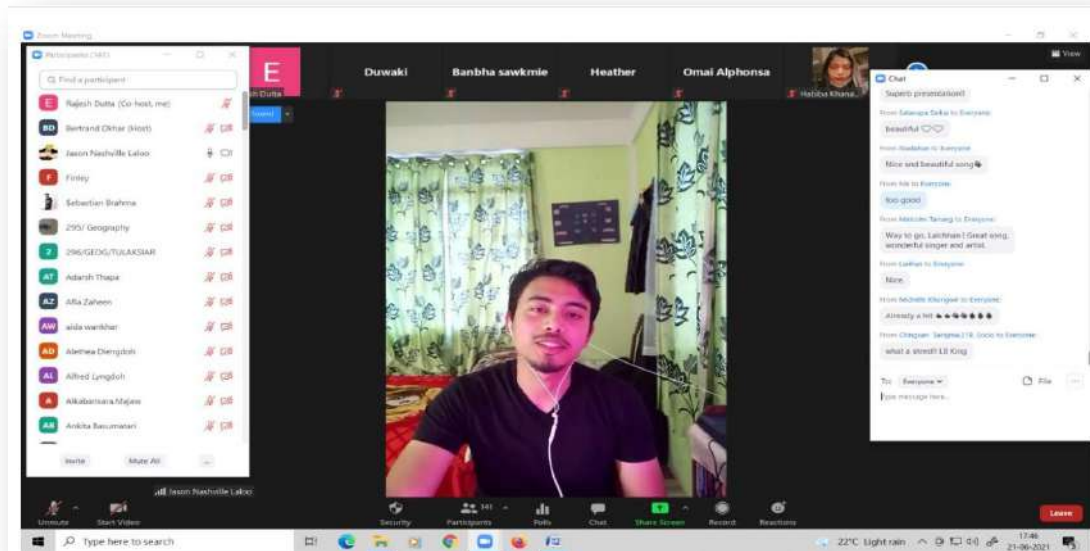




Zoom Meeting interface showing a live video feed of a participant. The left sidebar lists participants: Rajesh Dutta (Co-host, me), Bertrand Dikhar (Host), Finley, Sebastian Brahme, ZIS/ Geography, ZHU/GEOS/PLAKSAR, Adarsh Thapa, Afia Zahen, Aida wadhwa, Alethea Dyangdoh, Alfred Lyngdoh, Alkhanansa Majaw, Alva Khyiam, and Anika Basumatil. The right sidebar shows a chat window with messages from participants like Rajesh Dutta, Bertrand Dikhar, and others, including 'Good evening, Happy World Music Day to everyone present!' and 'Thank you Sir Simon'.



Zoom Meeting interface showing a live video feed of a participant. The left sidebar lists participants: Rajesh Dutta (Co-host, me), Bertrand Dikhar (Host), Finley, Sebastian Brahme, ZIS/ Geography, ZHU/GEOS/PLAKSAR, Adarsh Thapa, Afia Zahen, Aida wadhwa, Alethea Dyangdoh, Alfred Lyngdoh, Alkhanansa Majaw, Anika Basumatil, and Anika Samrah. The right sidebar shows a chat window with messages from participants like Rajesh Dutta, Bertrand Dikhar, and others, including 'Welcome back Gordon...', 'Way to go Gordon, we are proud of you!', and 'Worked Gordon!!!!'.



Participants:

SOLO

1. Phibatriti Marbaniang, 2nd Semester, BSW
2. Abanggi Kimrang, 2nd Semester, BSc Computer science
3. **BALADIANG and ALEX**
4. Habiba Khanam, 2nd Semester, BSW
5. Kristi Kashyap, 2nd Semester, Sociology
6. **Dr. R. DAS, Head, Dept of Physics**
7. Shashwati Das, 4th Semester, Biochemistry
8. Satarupa Saikia, 4th Semester, Biochemistry
9. **L.B. KING (LAL)**
10. Debopriya Bhattacharjee, 2nd Semester, Economics
11. Ritolin Nongrum, 2nd Semester, BCom
12. **Jason Raplang Rynjah ,**
13. Puanjay Das , 6th Semester, BCom
14. Susilia Nongsiej, 4th Semester, Zoology
15. **GORDON**
16. Festarson Lyndoh, 2nd Semester, Chemistry
17. Bhargov Kumar Sarmah, 2nd Semester, History
18. **LAMPHANG SYIEMLEH**
19. Ankita Basumatari, 2nd Semester, EVS
20. Amitesh Nath, 2nd Semester, Geography
21. **Miss LARIHUN & Sir DUWAKI**
22. Wandalyne Lyngkhoi, 2nd Semester, B.A
23. Dipa Barman, 2nd Semester, Economics
24. **KERRIMEKI BAREH**

DUET

25. Lalnunmawai (4th Semester Biotechnolgy) & Nsayising Terieng (4th Economics)

SOLO

26. Ibakordor Kharmih, 6th Semester, BCA
27. Banlambha Dohling, 2nd Semester, Physics
28. Jason Nashville Laloo, 4th Semester, Economics
29. Aida Wankhar, 2nd Sem, BSW
30. **BANBHA KUPAR SAWKMIE**

- ❖ **Hectic schedule of classes, the even/ end semester exams and new admissions led to a brief hibernation of the Music Society**
- ❖ **The Core Committee met online on 19th October 2021 and discussed the possibility of online music competitions and**