



MENTORING REPORT
2023 – 2024

1. Mentoring helped the students in increasing their skills and competencies as well as in their personal and social development.
2. The performance of some of the mentees was below the average level of performance of the whole class. The mentoring sessions helped to identify the cause of the poor performance and the mentees were helped to overcome their learning difficulties after a few personal mentoring sessions.
3. Proper Career guidance were given to the mentees regarding their future studies and job prospects
4. Mentees were encouraged to participate in various activities such as seminars, presentations, organization and conducting of various programmes at the department and college level so as to develop confidence and organization skills.
5. The mentees were motivated to prepare for various competitive exam. They were directed to visit certain educational websites in order to learn and to better their skills which would help them in the preparation of various competitive examinations.
6. The mentees tried to share their personal problems too where the mentors tried to address wherever possible.

Some of the issues shared by the mentees personally and in common:

1. Few mentees discussed about difficulties in time management.
2. Few mentees enquired about career guidance.
3. Few mentees mentioned about lack of confidence.
4. Students expressed difficulty in reaching college on time with early morning class timing.
5. Mental distraction during study hours.

Solutions for the issues shared by the mentees personally and in common:

1. Digital detoxification
2. Preparation of daily time-table with goals for effective time management



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3. To take multiple breaks during study hours
 4. To actively participate in seminars, presentations and other extra-curricular activities for confidence building.
 5. To use positive reinforcement
 6. To practice mock interviews and watch you tube videos for various information
 7. To build social network
 8. Mentees in need of psychological support were advised to meet a professional counsellor

(Signature of all members)

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(Signature of HOD)