

## Mentoring Report

Date: compiled on 31/03/24

Subject: Analysis of Mentee Feedback

---

### Introduction

In response to the recent feedback survey conducted among our mentees, we have identified several key areas where students are facing challenges. This report aims to analyse the feedback and propose measures to address these issues, thereby enhancing the overall academic and personal well-being of our students.

---

### Feedback Analysis

#### 1. Distraction from Mobile Phones (35%):

Over a third of students reported being distracted by mobile phones, which negatively impacts their academic performance.

#### 2. Lack of Concentration (24%):

Nearly a quarter of students are struggling with concentration issues, affecting their ability to focus on studies.

**3. Financial Problems (5%):**

A small percentage of students are experiencing financial difficulties, which can hinder their access to necessary educational resources.

**4. Family Problems (7%):**

Family-related issues are affecting 7% of students, causing emotional and mental stress.

**5. Mental Health Issues (2%):**

A minor but important segment of students are dealing with mental health issues, impacting their overall well-being and academic performance.

**6. Personal Issues (22%):**

Personal issues are affecting almost a quarter of the students, which can lead to decreased focus and motivation.

**7. Career Confusion (5%):**

A small but notable percentage of students are unsure about their career paths, leading to uncertainty and lack of direction.

---

**Suggested Measures**

### **1. Mobile Phone Management Workshops:**

**Objective:** To help students manage and reduce distractions caused by mobile phones.

**Action:** Make awareness focusing on strategies to limit phone usage, such as using apps to monitor and control screen time.

### **2. Concentration Improvement Programs:**

**Objective:** To enhance students' ability to concentrate on their studies.

**Action:** Techniques like mindfulness, meditation, effective study habits, and time management skills should be practiced. Encourage the use of regular breaks in between studies to maintain focus.

### **3. Financial Aid Awareness:**

**Objective:** To support students facing financial difficulties.

**Action:** Increase awareness about available scholarships, grants, and financial aid programs.

### **4. Family Counselling and Support:**

**Objective:** To assist students dealing with family problems.

**Action:** Efforts are put in to have parents' teachers meeting for counselling as and when required.

### **5. Mental Health Support:**

**Objective:** To address and support the mental health needs of students.

**Action:** Strengthen mental health resources by providing access to professional counsellors and organizing regular mental health awareness sessions. Establish a confidential helpline for immediate support.

#### **6. Personal Development Workshops:**

**Objective:** To help students manage personal issues and enhance their overall well-being.

**Action:** Organize workshops on stress management, emotional intelligence, and personal growth. Offer one-on-one mentoring sessions to provide personalized support.

#### **7. Career Counselling Services:**

**Objective:** To guide students who are uncertain about their career paths.

**Action:** Expand career counselling services by providing regular career guidance sessions, industry talks, and career fairs. Develop a mentorship program connecting students with professionals in their fields of interest.

---

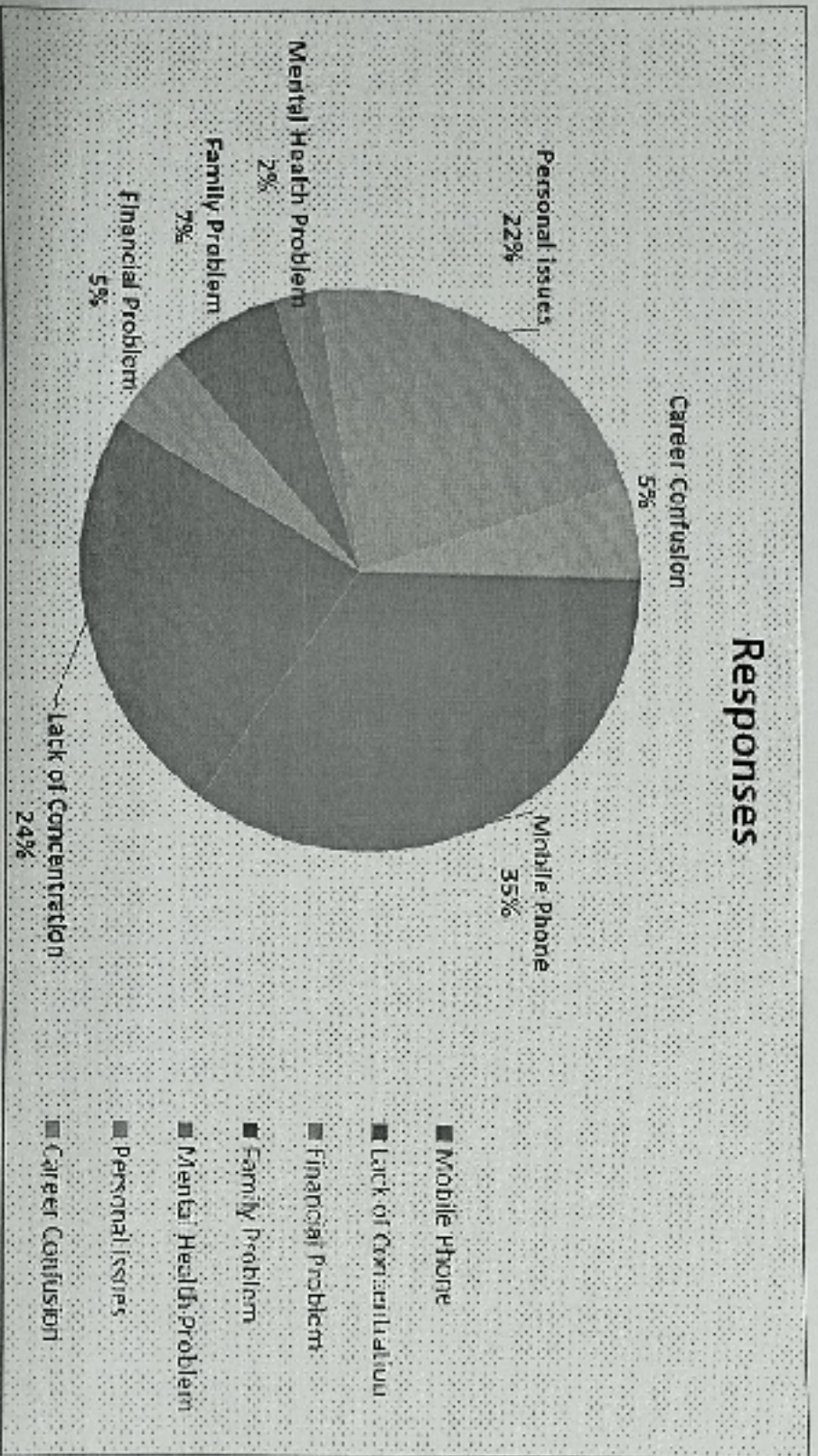
The feedback from our mentees has provided valuable insights into the challenges they face. By implementing the suggested measures, we aim to create a more supportive and effective learning environment.

#### **Recommendations for Immediate Action**

**Initiate Mobile Phone Management Workshops** within the next month.

**Schedule Concentration Improvement Programs** for the upcoming semester.

## Responses



**Pie Chart:** This chart shows the percentage distribution of responses across different categories, with each slice representing the proportion of students who reported issues in a specific category.