

Feedback Analysis on Mentoring Session (2023-2024)

Department of Electronics, St. Edmund's College, Shillong

Key Findings:

- 1. Lack of Discipline**
Students often fail to adhere to rules and responsibilities, impacting overall academic performance and group dynamics.
 - 2. Dependence on Notes**
Students are overly reliant on pre-prepared material, showing a lack of initiative for independent research and deeper understanding.
 - 3. Preference for Instant Gratification**
Interest is observed mainly in short-term activities, but they lack consistency and discipline in completing long-term tasks.
 - 4. Future Mindset Challenges**
Students have varying and often unclear future goals, leading to limited motivation to work diligently toward a structured career path.
 - 5. Laid-back Attitude**
Despite possessing potential, students display a relaxed approach to their studies and responsibilities, which limits their productivity and confidence.
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Advice from Teachers

Teacher 1: Dr. D R Choudhury

- **Focus on Time Management:** Introduce daily schedules and weekly goals to prioritize tasks and reduce procrastination.
- **Encourage Active Participation:** Promote peer discussions and debates to build communication skills and improve engagement with learning materials.
- **Independent Learning Habits:** Assign open-ended projects to encourage research, creativity, and self-driven learning.

Teacher 2: Mr. S Chakraborty

- **Goal Setting:** Guide students to set SMART (Specific, Measurable, Achievable, Relevant, Time-bound) goals for their academics and career.
- **Motivational Talks:** Organize interactive sessions with alumni and professionals to inspire students with real-life success stories.
- **Recognize Effort:** Reward consistent efforts and improvement, not just results, to build a sense of accomplishment.

Teacher 3: Ms. K. Chakraborty

- **Instill Discipline:** Introduce small but consistent habits like journaling tasks completed each day or maintaining a planner.
- **Avoid Distractions:** Encourage a "no social media during study hours" policy and promote mindfulness practices to improve focus.

- **Build Resilience:** Share examples of overcoming failures to help students understand the value of persistence and consistency.

Teacher 4: Dr H C Medhi

- **Career Counseling:** Conduct one-on-one sessions to discuss individual aspirations and map out potential career paths.
- **Skill Development Workshops:** Arrange workshops to enhance technical skills, soft skills, and practical exposure in the electronics domain.
- **Long-term Perspective:** Encourage students to think beyond short-term gains and visualize long-term benefits of hard work.

Teacher 5: Mr B P Thangkhiew

- **Confidence-building Activities:** Include public speaking, group presentations, and role-playing to enhance self-esteem.
- **Encourage Teamwork:** Promote group assignments to develop interpersonal skills and a sense of responsibility.
- **Mindset Shift:** Guide students to embrace challenges as opportunities for growth rather than obstacles.

Suggested Action Plan

1. **Regular Mentoring:** Schedule monthly mentoring sessions to assess progress and provide guidance.
2. **Monitor Progress:** Implement a self-assessment tracker where students evaluate their performance and reflect on improvement areas.
3. **Parent Involvement:** Share progress with parents periodically to ensure support outside college.
4. **Interactive Activities:** Organize events like hackathons, technical quizzes, and seminars to create an engaging academic atmosphere.
5. **Feedback Loop:** Allow students to give feedback on mentoring sessions to tailor advice to their needs.

By working collectively on these strategies, students can gradually develop the discipline, motivation, and skills needed to excel academically and personally.