

fourth semester onwards, the focus is mainly on the honours paper only. With regard to assignments, the procedure involves dividing the students into different groups with each group under the supervision of the different teachers. The students are then graded by the respective teachers accordingly. The internal tests are conducted by the exam committee and the procedure for this more or less resembles a proper examination structure after which the test papers are graded by the department teachers. The total marks for the internal assessment add up to twenty-five (25) with the break-up being fifteen (15) for tests and ten (10) for assignments.

## **MENTORING REPORT**

Mentoring is a relationship that enhances the personal and professional growth of an individual and further enables one to move forward in their life and career. This relationship involves 2 (two) people -a Mentor and a Mentee. Mentoring has become important in today's stressful world especially among young students to resolve problems relating to academics and other related issues faced by them. Therefore, with encouragement from the college management, the Department of History conducted Mentoring Programme for History Honours students as it is one of the ways to reach out to our students who face problems academically in the classroom, college campus as well as in their personal life. As part of the programme, students were divided into 5 groups and each group contained 10-12 students and each faculty member of the department (5) takes care of a group (1:10) as a Mentor. Each student was given a Mentor-Mentee Booklet in which they have to give their personal details and to fill in the questionnaire column with frank and honest answers, which will help them discover themselves and move ahead. The Booklet is then returned to the respective Mentor, who then studies each student's case and the Mentor then calls for ONE-ONE Mentoring which is held in the Department Honours classroom in order to maintain confidentiality.

Some of the general issues raised were:

- Addiction to social media
- To discuss previous question papers
- Request for more study materials
- Difficulty in recollecting answers during exams
- Difficulty in completion of all answers during exams
- Failure in time management
- Some raised concern regarding the quality of food served in their respective hostels
- Some with health and personal issues

During mentoring, several issues regarding the students' well-being were discussed such as their academic performance, attendance and personal issues. Despite it being a challenging task, suggestions, recommendations, guidance and advise were made (some in the booklet) accordingly by the Mentor to each individual student. Students were encouraged to actively participate in co-



Internal Quality Assurance Cell  
**St. Edmund's College**



Shillong - 793003

Meghalaya - India

## **MENTOR - MENTEE PROGRAMME**



Internal Quality Assurance cell (IQAC)

## St. Edmund's College

Shillong - 793003, Meghalaya, India

Mentor - Mentee Programme

2448



ACADEMIC YEAR: FROM <u>2022</u> TO <u>2025</u>	
PERSONAL DETAILS (to be filled in by Students)	
MENTEE NAME (Student)	<i>Asueada Biswa</i>
College Registration No	<i>A2204329 (22/HIST/42)</i>
Department:	<i>History</i>
Mobile number:	<i>8415836656</i>
E-Mail Address:	<i>asueada.biswa@gmail.com</i>
Home Address:	<i>Bishunpur, Near TA Beldaliam</i>
Parent's/Guardian's	<i>Amida Biswa</i>
Contact Number:	<i>9862391239</i>
E-Mail Address:	<i>amidabiswa85@gmail.com</i>
Address:	<i>Bishunpur, Near TA Beldaliam</i>
Father's Occupation:	<i>Retired army officer</i>
Mother's Occupation:	<i>Teacher</i>