

MENTORING REPORT 2018-2024

BATCH 2018-2024

Mentors -

1. Ms. I. M. Syiem (Retired on March 2019)
2. Ms. Finley E. J. Syngai
3. Ms. Ritisha Kharshong
4. Mr. William B. F. Lynrah
5. Ms. Nafisabeth Syiemlieh

Mentees-

Major Students (Advanced Semesters)

Sessions-

There were two sessions conducted, one in the 5th semester and the second session in the 6th semester. Students were divided into three groups, each group being assigned to each teacher. These sessions were held after class hours or during breaks.

Mentoring Objectives-

1. To understand the strengths, growth areas, opportunities and challenges of the students.
2. To look into their involvement and participation in the college.
3. To look into their study hours and time table to improve their academic performance.
4. To enable them to enhance their interests and hobbies.
5. To understand their future plans.

ISSUES DISCUSSED-

1. Concentration problems
2. Technological distractions
3. Familial responsibilities
4. Time management
5. Health issues
6. Personal problems
7. Priorities

8. Future plans, advancement in studies and other courses.
9. Financial problems
10. Lack of confidence/insecurity/ self belief
11. Inconsistency

SUGGESTIONS-

1. To maintain a good study routine
2. To manage time effectively
3. Limit usage of mobile phones, gaming
4. To take care of health
5. Personal problems dealt as according to individual circumstance
6. To fix clear goals and priorities
7. To equip oneself with necessary skills and training to launch into desirable career
8. Personality and confidence development

OUTCOME-

For Mentees :

Based on the feedback and the follow up session, it was found that the mentoring sessions were very helpful. Students expressed that the sessions have been instrumental in their personal and academic growth. The suggestions and guidelines provided were well taken. Some students have also opened up into their personal domain confiding with trust in their mentors with problems that they could not handle themselves.

In the second session, it was also noticed that the students have put into practice the suggestions offered to them bearing the fruit of success and improvement both personally and academically.

For Mentors:

The mentoring sessions have also created a changed atmosphere in the classroom where we see more to the students beyond their names and roll numbers.

It has built a stronger rapport and confidence between the teachers and students.

The remedial and tutorial classes aim to support students who require additional assistance in their studies, ensuring they achieve their academic potential.

Objectives:

1. Enhance Student Understanding: To provide additional support for students who struggle with specific subjects or topics.
2. Improve Academic Performance: To boost the overall academic performance and confidence of students.
3. Individualized Attention: To offer personalized guidance and address individual student needs.
4. Bridge Learning Gaps: To help students catch up on missed or misunderstood content.
5. Prepare for Examinations: To better prepare students for upcoming exams and assessments.

Students who need or require attending these classes are identified by:

- Conduct diagnostic assessments at the beginning of each term to identify students needing remedial support or tutorial guidance
- Teacher Referrals which allows teachers to recommend students based on classroom performance and observed difficulties.
- Student Requests encourages and enable students to self-nominate if they feel they need extra help. This is basically self-assessment based on the students understanding of their capabilities.

There is also a need for **structuring these classrooms** accordingly. For **remedial classes** there is focus on honours papers where students exhibit significant challenges. Classes were smaller in number to allow for personalized attention. **Tutorial Classes** on the other hand offer advanced support and enrichment activities for students who wish to deepen their understanding of the subject matter.

Remedial and tutorial classes were **conducted** once a week or two weeks in a month. Each class would stretch from 45 minutes to an hour depending on the need-basis and the teacher.