

**REPORT ON**  
**INTERNATIONAL WOMEN'S DAY (WOMEN AND ADDICTION)**

**08 MARCH 2022**

**TIME: 10-11 AM**

## **INTRODUCTION**

International Women's day (IWD) is a global holiday celebrated annually on 08 March to commemorate the cultural, political and socioeconomic achievements of women. It is also a focal point in the women's day right movement bringing attention to issues such as gender equality, reproductive rights and violence against movement.

## **INTERACTION**

The program started with the introduction of the resource person who is the professor of Christ (Deemed to be University in Bangalore) she began the session by explaining the important of a women

The essence of being a woman is much more the just the beauty of her face and to have children. Each one of them has a different beauty, a distinct personality, style, identity, dream and the way they carry themselves, but in spite of the differences, each one of them is special.

Women are the key to sustainable development and quality of life in the family. Today's women is leading a life which is catering to various domains starting from family to profession to social arenas and a lot more strength of women. In the interaction process the resources person come to the point of asking the student social work about the strength of women which get a lot of respondent and according to the response from the student social worker the strength of a women are they can give birth, brave they are great listener they are multi tusker, hard worker, problem solving, good communication, empathetic, very resilience, creative, great team player, strong emotional intelligence they are compassionate. She performs multiple roles while being in a single body.

The resource person also talked about the consequences of drug abuse on women's health. Studies have discovered that women who use drugs can have issues related to hormones menstrual cycle, pregnancy, breast feeding and menopause. Substance use during pregnancy can be risky to the women's health and that of her child in both the short and long term. Most drugs, including opium and stimulants cowed potentially harm the body. Women experiences more rapid progression of their addiction than men.

## CONCLUSION

At the sense of the sessions, the resources person asked the students of 2<sup>nd</sup> and 4<sup>th</sup> semesters whether they would like to be leaders and ambassadors of the two programs or clubs i.e YITAP (Youth involvement fro Technology Addiction program and YISAP (Youth involvement for Substance Addiction Prevention). Some student eagerly took part. One of the students gave the boy of thanks and the program ended.

## Photos Galleries



