



# St. Edmund's College, Shillong

## Internal Quality Assurance Cell (IQAC)

### EXTENSION ACTIVITIES REPORT [2021-22]

APRIL 2021 – AUGUST 2022

| 1. Name of the Club/Society/Unit  |          |  | UNNAT BHARAT ABHIYAN   |                    |
|---|----------|--|--|--------------------|
| DATE  | DURATION | VENUE  | TITLE  | NO OF PARTICIPANTS |
| 22 <sup>nd</sup> November, 2021   | 6 Hours  | Myliem Mawsawa, Myliem Rngi, Myliem Kyndong-Nongkyntir, Myliem Syllai-U-Lor  | Meeting with the village representatives of the villages for village adoption under UBA  | 6 Participants     |
| 23 <sup>rd</sup> November, 2021   | 8 Hours  | Mawthawtieng   | Meeting with the village representatives of the village for adoption under UBA   | 6 Participants     |
| 21 <sup>st</sup> March, 2022  | 8 Hours  | Myliem Mawsawa, Myliem Rngi, Myliem Kyndong-Nongkyntir, Myliem Syllai-U-Lor, Mawthawtieng  | Visit to UBA adopted villages  | 6 Participants     |
| 29 <sup>th</sup> – 31 <sup>st</sup> March, 2022                                       | 15 Hours | Myliem Kyndong Nongkyntir & Myliem Syllai U Lor<br><br>Ram Krishna Mission Secondary School Myliem and Myliem Presbyterian Higher Secondary School | Three Days Outreach Program on “HANDS-ON BASIC ELECTRONICS AND CIRCUIT DESIGNING ON BREAD BOARDS” under DBT Star College Scheme. | 20 Participants    |
| 13 <sup>th</sup> , 14 <sup>th</sup> and 18 <sup>th</sup> April, 2022                  | 20 Hours | Myliem Mawsawa   | Survey   | 9 Participants     |
| 23 <sup>rd</sup> and 27 <sup>th</sup> April, 2022                                     | 12 Hours | Myliem Mawsawa   | Kitchen Garden   | 9 Participants     |
| 28 <sup>th</sup> April, 2022  | 2 Hours  | Myliem Mawsawa   | Nutritional Education  | 20 Participants    |
| 29 <sup>th</sup> April, 2022  | 2 Hours  | Myliem Mawsawa   | Programme on awareness of Agricultural schemes   | 45 Participants    |
| 14 <sup>th</sup> May, 2022  | 2 Hours  | Myliem Mawsawa   | Awareness Programme on Teenage Pregnancy   | 19 Participants    |
| 9 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup> & 20 <sup>th</sup> August, 2022 | 35 hours | Myliem Rngi  | Baseline Survey  | 9 participants     |



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**APRIL 2021 – AUGUST 2022**

|  |          |              |                         |                |
|--|----------|--------------|-------------------------|----------------|
| 13 <sup>th</sup> August,<br>2022                       | 9 Hours  | Myllem Rngi  | Har Ghar Tiranga/Survey | 9 Participants |
| 19 <sup>th</sup> – 20 <sup>th</sup><br>August,<br>2022 | 23 Hours | Mawthawtieng | Baseline Survey         | 7 Participants |

Date: 22<sup>nd</sup> November 2021

Duration: 6 Hours

Venue: Myllem Mawsawa

Title: Meeting with Village representatives for village adoption under UBA

No. of Participants: 20

**About the programme:**

The Coordinator, Ms. Iarisa Anette R. Dorphan along with Sir. Martius Rynjah and Sir Emidaopaya Sumer and 3 students, went to Myllem (Mawsawa, Rngi, Kyndong-Nongkyntir, Syllai-U-Lor). Met the representatives of the four villages at 1 pm at Myllem Mawsawa Community Hall. The meeting was also attended by youths from the villages as well. The meeting started at 1 PM and ended at 3 PM.



Date: 23<sup>rd</sup> November 2021

Duration: 6 Hours

Venue: Mawthawtieng

Title: Meeting with Village representatives for village adoption under UBA

No. of Participants: 10

**About the programme:**

The Coordinator, Ms. Iarisa Anette R. Dorphang along with Ms. Jasmine T. Sawian and Sir Emidaopaya Sumer and 3 students, went to Mawthawtieng. Met the representatives of the village at 1 pm at ICDS center. The meeting started at 1 PM and ended at 3 PM. In the meeting, the UBA team discussed with the Village representatives regarding the objectives of UBA and the scope of working together.





Date: 21<sup>st</sup> March 2022

Duration: 6 Hours

Venue: Myllem (Mawsawa, Rngi, Syllai U Lor, Kyndong-Nongkyntir) and Mawthawtieng

Title: Meeting with the school authorities and village representatives of all 5

No. of Participants: 15

**About the programme:**

The Coordinator, Ms. Iarisa Anette R. Dorphan along with Ms. Jasmine T. Sawian, Sir Emidaopaya Sumer, Sir Martius Rynjah, Br. Simon Coelho and Br. Steljis. Met the representatives of the village at 1 pm at ICDS center. The meeting started at 1 PM and ended at 3 PM. In the meeting, the UBA team discussed with the Village representatives regarding the objectives of UBA and the scope of working together. The purpose of the visit is to select schools for three days workshop on **“HANDS-ON BASIC ELECTRONICS AND CIRCUIT DESIGNING ON BREAD BOARDS”** under DBT Star College Scheme for classes 9 and 10



Myllem Mawsawa LP School



Myllem Kyndong-Nongkyntir RKM



Myllem Kyndong Nongkyntir LP School



Mylliem Syllai U Lor Presbyterian Higher

Secondary School



Mawthawtieng LP School



Mylliem Rngi LP School

Date: 29<sup>th</sup>, 30<sup>th</sup> and 31<sup>st</sup> March, 2022

Duration: 15 Hours

Venue: Myllichem Syllai U Lor and Myllichem Kyndong Nongkyntir

Title: **“HANDS-ON BASIC ELECTRONICS AND CIRCUIT DESIGNING ON BREAD BOARDS”** under DBT Star College Scheme.

No. of Participants: 74 participants

### **About the Programme:**

The Department of Electronics along with UBA, conducted a Three Days Outreach Program from the 29<sup>th</sup> to 31<sup>th</sup> of March 2022, for 2 schools adopted as part of **UNNAT BHARAT ABHIYAN (UBA)** on **“HANDS-ON BASIC ELECTRONICS AND CIRCUIT DESIGNING ON BREAD BOARDS”** under DBT Star College Scheme.

The Plan was to conduct the program in a **“DO AND LEARN”** manner for three consecutive days with the 4<sup>th</sup> and 6<sup>th</sup> semester students as instructors. Each day would have two sessions and each session would be of two hours duration. There would be a break of one hour between two sessions.

Two Schools from Myllichem agreed to be a part of the program with their Class IX and X students. The schools are **RAM KRISHNA MISSION SECONDARY SCHOOL MYLICHEM** having **26 students** and **MYLICHEM PRESBYTERIAN HIGHER SECONDARY SCHOOL** having 28 students. The Students from Electronics Dept were accordingly divided into two groups.



Above pictures are the hands-on practical with students of the MYLICHEM PRESBYTERIAN HIGHER SECONDARY SCHOOL along with the Electronics students of St. Edmund's College



Above pictures are the hands-on practical with students of the RAM KRISHNA MISSION SECONDARY SCHOOL MYLICHEM along with the Electronics students of St. Edmund's College



Date: 13<sup>th</sup>, 14<sup>th</sup> and 18<sup>th</sup> April 2022

Duration: 20 Hours

Venue: Myllem Mawsawa

Title: Household Baseline Survey

No. of Participants: 9

**About the programme:**

The UBA Volunteers conducted the home visit and Survey on the 13<sup>th</sup>, 14<sup>th</sup> and 18<sup>th</sup> of April 2022. They started from 9:30 am and finished the survey at 3:30 pm. They split into two groups and went into two directions. The total no. of households that they visited and surveyed were almost 70 households. Some families were unwilling to disclosed information.





Date: 23/04/2022 and 27/04/2022

Duration: 12 Hours

Venue: Myllem Mawsawa

Title: Kitchen Garden

Participants: 9

### **About the Programme:**

The objectives for the kitchen garden are to plant nutritional vegetables easy to maintain in kitchen garden for the children and to educate and inform the children on the various nutritional advantages and benefits of vegetables.

Materials used for the kitchen garden are Thermoool boxes, vegetable roots and seeds, soil and manure, bamboo. Roots Planted are Beetroot, Broccoli, Cherry Tomato and Lettuce. The field for getting the manure was far away from the residential area of the village. There is a bamboo grove situated ahead of the Secretary's (Mr. S. Nongkhaw) house where the volunteers bought the bamboo for the fences. The children watered and took care of the plants when the volunteers were not present.



Date: 28/04/2022

Duration: 2 Hours

Venue: Myllem Mawsawa LP School

Title: Nutritional Education

Participants: 20 children

**About the Programme:**

The volunteers made chart papers that show the different vegetables that were provided in the kitchen garden and their beneficiaries. The volunteers showed the kitchen garden and charts while teaching the children about nutrition

The children were excited to get to learn about the Kitchen Garden and the vegetables

The children were very responsive and interactive with the student social workers



Date: 29/04/2022

Duration: 2 Hours

Venue: Myllem Mawsawa Community Hall

Title: Programme on awareness of Agricultural schemes

Participants: 35 community members and 9 Volunteers

### **About the Programme:**

The objective of the programme is to make the community aware about the different agricultural schemes available both State and Central. The main aim is to improve farmers' access to and use of agricultural knowledge, technologies, marketing systems and infrastructure, for the purpose of contributing to higher productivity, profitability, and farm incomes through these various schemes

Resource person was Ms. Michelle Ribanylla Umdor, who mentioned various state and central schemes. State schemes are State rice , Organic manure scheme, Vegetable development scheme, Fruit development scheme, Tuber crop, and Agriculture marketing to name a few. Among the Central schemes, she mainly spoke about National food security mission (NFSM), Rashtriya krishi vikas Yojana(RKVJ), National mission for sustainable agriculture(NMSA), Soil health card schemes, Pradhan mantri kisan Samman Nidhi(PM KISAN) and Kisan Credit Card Scheme.





Date: 14/05/2022

Duration: 1 Hour

Venue: Myllem Mawsawa Community Hall

Title: Awareness Programme on Teenage Pregnancy

Participants: 10 community members and 9 volunteers

**About the Programme:**

The objective of the programme is to sensitize the people about teenage pregnancy and the risk of early pregnancy in teenagers. Teenage Pregnancy also known as adolescent pregnancy is pregnancy in a female under the age of 20. To bring sensitisation on adolescence pregnancy as requested by the women of the community. The Resource Person Dr. Karen Syiem spoke about being a teen mom is a risk factor for depression, higher risk of complications during pregnancy, the father of the child would fall under the POCSO Act.





DAY: 09/08/2022

DURATION: 9 Hours

VENUE: Myllem Rngi

TITLE: Survey

NO OF PARTICIPANTS: 7

About the programme: The student social worker started their first UBA survey in Rngi village and divided themselves into 3 groups, on this day we had finished 10 surveys form. Since, this was our first day for survey we were not able to explain much regarding the survey form to the local people and some of the local people were not cooperating while answering the survey questions. The survey started at 8 AM and finished at 5 PM. Total Household surveys done were 10.



DAY: 12/08/2022

DURATION: 8 hours

VENUE: Myllichem Rngi

TITLE: Survey

NO OF PARTICIPANTS: 07

About the Programme: The volunteers started their survey by dividing themselves into 2 groups and when doing the survey, they were able to memorise the questions and able to explain the survey questions well to the local people. The survey started at 9 AM and ended the survey at 5 PM. The volunteers completed 14 households.



DAY: 13/08/2022

DURATION: 9 hours

VENUE: Myllem Rngi

TITLE: Survey and Har Ghar Tiranga

NO OF PARTICIPANTS: 7

About the programme: The volunteers on this day started with their survey and distributed the national flag in each of the household of Rngi village for the Independence Day and took pictures with the UBA placard with some of the household. The distribution of flag was done to the children of the village and each household. A total of 100 flags were distributed to both children and households. A total of 12 surveys were completed. The survey and flag distribution started at 8 Am and ended at 5:30 PM.



Day: 19/08/2022

Duration: 10 hours

Venue: Myllem Rngi

Title: Survey

No. of Participants: 7

About the programme: The volunteers on this day did their survey and interacted with the local people regarding the village history. Survey started at 9 AM and finished at 7 PM. A total of 15 survey forms were done.





Day: 20/08/2022

Duration: 08 hours

Venue: Myllichem Rngi

Title: Survey

No. of Participants: 7

About the Programme: The UBA volunteers completed the household baseline survey on this day. A total of 8 survey forms were done. The survey started at 9 AM and finished at 5PM.



Date: 19.08.2022

Duration: 13 hours

Venue: Mawthawtieng Village

Title: Survey

No of Participation: 7

The UBA Volunteers conducted the home visit and Survey on the 19<sup>th</sup> of August 2022. They started from 7:30 am and ended the survey at 8:00pm. They split into two groups and went into two directions. The no. of households that they visited and surveyed were 26 households.



Date: 20.08.2022

Duration: 10 hours

Venue: Mawthawtieng Village

Title: Survey

No. of Participants: 7

The UBA Volunteers continued with the survey which they were unable to complete the previous day. They split into three groups and went into three directions of the village. They experienced the co-operation in most of the households of the village and found it easier to complete the Survey. They also had some challenges as few of the households were not in the village and one of the households were not willing to disclose their information. The Volunteers managed to do the survey on 22 households.

